NDANA AREA MEETING MINUTES FOR May 18, 2025

Tina S opened with the Serenity Prayer & moment of silence for Jeff H

Purpose read by: Cam B

Twelve Traditions read by: Robert C Twelve Concepts read by: Ingrid H

Subcommittee and Trusted Servants Points of Contact:

Administrative Committee			
Title	Name	Email Address	Phone Number
Chair	Tina S.	NDANAchair@gmail.com	804-439-7777
Vice Chair	Bryan M.	NDANAViceChair@gmail.com	757-635-7414
Secretary	PowPow	NDANAsecretary@gmail.com	703-258-2477
Treasurer	Deb W.	NDANAtreasurer@gmail.com	856-323-4673
Vice Treasurer	Scott M	sjmiles2013@gmail.com	703-999-4091
RCM	Linda C.	scootzie48@gmail.com	804-986-2686
RCM Alternate	Mary R.	shropshire.marye@gmail.com	804-840-2757
VRCC Alt	Mackenzie M.	mmireles323@gmail.com	804-389-5655

Subcommittee Name			
Subcommittee	Name	Email Address	Phone Number
Campout	Andrew C.	corbinaj@vcu.edu	804-513-6838
H&I	Chelsea R.	ndanahni@gmail.com	804-735-3852
Literature Chair	John M.	john.martin3rd@gmail.com	804-306-1833
Outreach	Selai A.	selai333@gmail.com	571-239-9735
Policy	Nick M.	ncmoon90@gmail.com	434-825-5275
Public Relations	Richard S.	ndanaevents@gmail.com	804-519-7367
Special Events Chair	John-Mark M.	johnmarkbrowne@gmail.com	804-933-6446
Ad Hoc History	Linda C.	scootz44@yahoo.com	804-986-2686

Administrative Committee Reports:

Chair:

Hello Family, I hope you all enjoyed your Mother's Day! It has come to my attention that our area insurance policy needs to be renewed, I will need my Vice Chair Bryan to change the insurance into his name, we have discussed this prior to area and once completed I will send it out to our Campout Committee and to others who request it.

There is no old business from last month to attend to.

ILS, Tina S

Vice-Chair:

All is well with the Vice-Chair. Working on renewing Area Insurance Policy. During this meeting please keep side conversations to a minimum. GSRs if leaving before the close of business stop by and let me know so Quorum can be adjusted.

ILS, Bryan M

Secretary:

Hello fam,

Nothing major to report from Secretary. I turned in a Funds Request Form for reimbursement in the amount of \$39.64 for copies made at Office Depot: 150 blank home group reports and 20 blank motion forms. That should tide us over for four months or so.

The usual reminders stand: please fill out and sign your money orders before turning them in, including indicating how much is donation versus literature, to help our lovely Treasure and Vice Treasurer not have to chase you down for that later. Please also state your name before speaking, motioning, or seconding so that I can record in as much detail as possible, because I'm still as bad with names today as I was when I first got here. Working on it.

I'll now pass around the sign up sheet for the mailing list for anyone who's not already on it. It has my phone number, and while I do check the secretary email periodically, a text or call is always the fastest way to get a response from me if it's urgent.

ILS, PowPow

Treasurer:

Hello family -

Our last bank statement shows \$13,498 in our checking account as all checks have cleared including our donations to World and CARNA. Our April expenses totaled \$2211.06 with \$1769.16 in donations income leaving a \$441.90 deficit.

Benchmark Technologies, the company that issued our scanner, states that they owe us a \$15 refund. I have filled out the paperwork for that automatic refund to happen.

Within the next two weeks, we have several important payments due.

I will be making an order of 12 Basic Texts to cover 6 months of our rent to McShin. For those that don't know, we provide 2 Basic Texts per month for use of the space for ASC equalling 24 for the year. Our insurance policy is coming due on June 5 and our Vice Chair will be renewing. The policy cost requires confirmation so that it can be paid.. Hopefully we have no increase. A Money Matters form has been submitted to allow it to be paid as our accrual so far is \$374.75 and the policy is approximately \$500.00

Our yearly PO Box fee of \$226 is due and I will be reimbursing the PR Chair who took care of the payment.

I also want to report a clerical error on my part regarding last month's literature reimbursement check as it was written for \$100 less than it was supposed to be. I will be issuing a \$100 check to Lit Chair today due to the error.

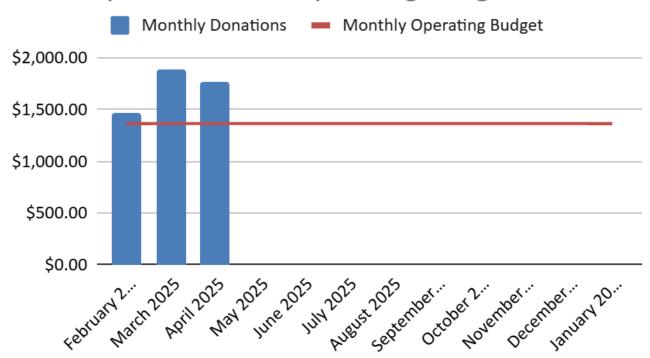
We continue to not be able to add our Vice Chair to the checking account and are working toward finding a solution hopefully by June 6.

Everything else seems to be running smoothly.

ILS,
Deb W
See attachment "May NDANA Treasurer 2025 - Report.pdf"

Vice-Treasurer:

Monthly Donations vs Operating Budget



Hey Family,

We had another solid donation month last month. As a reminder our monthly operating budget is \$1,366.67. Donations last month totaled: \$1,769.16. This amounts to a monthly surplus of \$402.49. This would leave us with a cumulative surplus of \$1023.96. As always, I have included a graph that demonstrates this information.

Also, I made the deposit from last month's area yesterday, so the balance as of our last statement does not include the deposit of \$3440.96. This amount would be included in the next statement balance.

If anyone has any questions about their subcommittee budgets, please let me know!

ILS, Scott M

Questions for Treasurer & Vice Treasurer:

Nick M – Where is the money for the insurance allocated in the budget?

Deb - ASC Budget.

RCM:

There was a GSR assembly on April 19th. It was well attended, however no one was there for New Dominion. [Carol M: I was there.]

The Regional was in person and online on April 20th. Mary was introduced as our RCM alternate. Roland C is the new Regional Chair. No other business was conducted.

The next Regional will be June 21st.

ILS,

Linda C

RCM, Alternate:

I attended the Regional mtg via Zooms April 21, 2025. The meeting was hybrid. The next Regional meeting is 6-21-2025.

ILS,

Mary R

VRCC Alt. Director:

Good afternoon family,

As most of you know the VRCC is meeting today and I am in attendance via zoom for that. I will have an update of the VRCC next month. Thank you for allowing me to serve.

ILS

Mackenzie M

Subcommittee Reports:

Campout:

All is well with Campout. The Christopher Run Campout is 3 weeks away (June 6-8) and we have been busy planning that. Our next meeting is this Tuesday 5/20 at Tomahawk Baptist Church 5:45pm. Contact me or Jules if you would like more information about the campout. Our numbers are listed below.

ILS,

Andrew C

Andrew: 804-513-6838 Jules: 443-859-2908

Hospitals & Institutions:

Hey Family,

H&I meets the second Sunday of every month at 2pm here at Hatcher Memorial prior to ASC. We currently have one position opening at this time: H&I Regional Representative Chair. We are always in search of men and women trusted servants that would like to be of service taking meetings into our institutions. Please see the list of facilities and contact information in the minutes.

- Beaumont Prison every other Thursday 7-8 (need clearance) Mark C jaws7658@gmail.com
- VCBR Wednesdays 7-8 (need clearance) Mike "Monte" livninthesticks@aol.com
- James River Juvenile every other Thursday 6:30-7:30 Chelsea R (need clearance)

chelsearndana@gmail.com

- The Healing Place Friday 6:30-7:30 corbinaj@vcu.edu
- Women's State Farm Work Camp 2nd and 4th Thursday 6:30-8:00 scootz44@yahoo.com

Here are the requirements of facilitators and co-facilitators:

1. H&I Meeting Facilitator

- a. Requirements include:
 - i. A minimum of one year clean time
 - ii. A minimum of at least three months involvement in the area H&I Committee
- b. Responsibilities include:
 - i. Facilitate meetings in assigned facilities on a regular basis
 - ii. Facilitators, as well as co-facilitators and panel members, shall be responsible for their conduct in any facility, and will take responsibility to become informed, in advance, regarding regulations of the facility.
 - iii. Responsible for acquiring the regulations of the facility.
 - iv. Ensure policies and guidelines listed in the H&I Handbook and H&I Committee policies, including do's and don'ts, are provided to any guest speakers and co-facilitators for the facility
 - v. Attend monthly H&I business meeting and provide a report for the assigned facility to the H&I Committee
 - vi. Obtain supplies for the facility meeting.
 - vii. Provide H&I Literature coordinator with any orders for their facility at least two weeks before each ASC.
 - viii. Maintain via a motion form at the H&I business meeting if needed

1. H&I Meeting Co-Facilitator

- a. Requirements include:
 - i. A minimum of one year clean time, and a willingness to serve
 - ii. Must be assigned by the H&I Committee, qualified and be cleared by the facilities whenever necessary.
 - iii. Must be trained by the meeting facilitator on the H&I meeting/presentation format by attending a minimum of three meetings in the facility
 - iv. Must be trained by the meeting facilitator on committee guideline and facility rules
- b. Responsibilities include:
 - Directly accountable to the meeting facilitator with regard to all aspects of the meeting carried
 - Help carry the meeting and be able to share a message of recovery in Narcotics Anonymous
 - iii. Ensure that panel members and volunteers going into facilities are familiar with H&I Handbook and H&I Committee policies, including do's and don'ts
 - iv. Ensure that only NA approved literature is be taken into facilities
 - v. Facilitators, as well as co-facilitators and panel members, shall be responsible for their conduct in any facility, and they will take responsibility to become informed in advance regarding the regulations of the facilities

Please reach out to me at 804-735-3852 for more information.

ILS, Chelsea R.

<u>Literature:</u>

Hi Family,

All is going well with literature sub-committee.

We had \$1,337.25 in sales this past month.

Our literature order totaled \$1,287.63. Out of the \$1,287.63, \$33.48 was for shipping and handling. The subcommittee had expenses of \$18.00 in hosting the literature review of H&I Basics on April 26th.

The literature subcommittee held a review of the proposed revisions to H&I Basics on April 26th. While attendance was light (three addicts in total) good feedback was captured and that has been submitted to NAWS. I received confirmation that our feedback was received and is being forwarded to the team handling those revisions.

Next, the literature subcommittee will be hosting an Issue Discussion Forum workshop on the topic of Gender-Neutral and Inclusive Language in NA Literature on Saturday, July 12th at the Richmond Library. For background, the 2023 World Service Conference (WSC) had consensus to select this as one of four issue discussion topics for this cycle. It was prioritized as an issue discussion topic in the Conference Agenda Report survey. The 2023 World Service Conference also passed a CAR motion that reads:

To direct the World Board to create a project plan for consideration at the next WSC to investigate changes and/or additional wording to NA literature from gender specific language to gender neutral and inclusive language.

Intent: This motion will give the conference and the Fellowship the ability to meaningfully discuss changes to our literature to be more inclusive of all our members.

Final Vote: 92 yes-31 no-1 abstain-1 present not voting 74% Strong Support

We are having this workshop to see if changes to the use of language in our literature could make our message more readily available to new and future members.

This is an opportunity to talk together, listen to one other, and build unity and understanding. We are not and will not be making decisions, however the conscious from the workshop will be forwarded to NAWS in preparation for the 2026 WSC.

FINALLY - This month's literature pick of the month is the Little White Book. Does your homegroup have a large amount of newcomers? Are you wanting to provide them something more than an IP but your group doesn't have the financial means to provide newcomers a basic text? This is a great alternative! The Little White Book is one of NA/'s earliest publications from the mid 1950s, which contains basic definitions of the addict and how and why the NA program works. Also included are eight personal recovery experiences.

In Loving Service, John M NDANA Literature Chair

Policy:

A updated policy copy can be found on NDANA, any questions please reach out.

Public Relations:

This Months activities:

- Meeting lists printed.
- 2. Attended part of Unified PR subcommittee meeting
- 3. Updated plugins for RVANA and CAR-NA.org and all other sites on the regional Multisite tenant.
- 4. Did meeting Closing Alerts
- 5. Did Phone Line Training May 10, 2-4pm at Handley Regional Library for the Blue Ridge Area Service Public Relations Subcommittee..
- 6. Replaced literature from last month's literature deployment to the Chesterfield Diversion Center.
- 7. Starting to Prepare for the September 20 Unity Day Public Relations Cookout. All members of any Narcotic Anonymous service structure are invited to attend. This will be a day to introduce fellow addicts to the service structure

Last 30 Day Statistics

Phone Line

59 meeting lookups on the Regional Phone Line. Total of 18 volunteer lookups, 7 missed, 18 JFT, and 7 SPAD for Region 1 out of 3 Volunteer calls were successfully answered for New Dominion,

Website Traffic down, 2.9k users, 2.2k new users, 34K events.

ILS, Richard S

Outreach:

I have a lot of exciting news to share with you all.

- 1. I created welcome packets for new GSR's and present GSR's that would care for one. Inside there's helpful resources such as a motion form, group report form, Area agenda, Mock money order filled out for example, literature order form, legal pad, and a nice gel pen all in a colorful folder.
- 2. Outreach is looking to partner with Literature in two upcoming workshops. Dates TBD. Ideally, we're looking toward Aug and September. We are looking into a Richmond Area location strategically to get all areas involves in these forums. Each workshop and discussion panel will be focusing on topics pertaining to groups in our Area. These topics were chosen by World and will be discussed in the 2026 Conference of NA. First topic is about Predatory and Disruptive Behavior. The second topic is about Drug Replacement Therapy and Medically Assisted Treatment to NA: Helping members take Root. Both these topics are very timely and important for all members to communicate about and reflect on.
- 3. All these workshop events have resource materials available from World such as slides, handouts, and speaking points ready for use. The only costs would be obtaining 80 pamphlets from literature and supplying water.
- 4. I want to propose that we make a Policy change under Outreach that we host GSR learning days only twice a year rather than quarterly. My reasoning is there is not a great need, quarterly, as we are not turning GSR's at a high rate.

In loving service,
Selai
Outreach Subcommittee Chair

Special Events:

All is well with Special Events. Our pool party June 14 will now be held at Loch Braemar Pool 9940 Kingussle Ln on June 14th from 7pm to 10pm. Admission will be 10 dollars and we ask those who can to bring a dish.

ILS John-Mark B

Questions for Special Events:

Q: Why was the location changed?

A: Pool at Midlo is having work done and couldn't host us this time.

[Ad hoc] History:

[No written report, the following is paraphrased from Linda C's verbal report:]

We're going to have to regroup, due to Ron from Richmond Area being quite sick and Jeff H's passing; as far as we know we will still be receiving the NA memorabilia which Jeff retained.

Questions for Ad-hoc History Chair:

Deb – How much stuff will it be, will we be able to still keep it in the NDANA storage unit? Linda – Once we're done it should be no more than a trunk's worth.

Deb - Could you use help with scanning or other things?

Linda – Yes, maybe not so much with scanning but I would appreciate help with this ad hoc.

Home Group Reports:

A New Way to Live	Reporting
Donation:	0
Literature Order:	12.02 (+86.97)
Special Needs:	None
Announcements:	None
In Loving Service,	Leigh W

A Spiritual Connection	Voting
Donation:	0
Literature Order:	0
Special Needs:	None
Announcements:	None
In Loving Service,	Susan S

A Simple Solution	
Donation:	
Literature Order:	
Special Needs:	

Clean Air	Voting
Donation:	60
Literature Order:	0
Special Needs:	None
Announcements:	None
In Loving Service,	Alan B

Clean Today	Reporting
Donation:	0
Literature Order:	64.19
Special Needs:	We are in need of Black Key Taggers to establish a solid homegroup with positions.
Announcements:	None
In Loving Service,	Elaine W

Courthouse Freedom	Voting
Donation:	0
Literature Order:	90.85
Special Needs:	None
Announcements:	Addict name Charlie C. will be celebrating his first year in recovery Friday May 30th @ 8:00 Please come help that addict celebrate
In Loving Service,	Thomas G

Crossroads	
Donation:	
Literature Order:	
Special Needs:	
Announcements:	
In Loving Service,	

Desire	
Donation:	
Literature:	
Special Needs:	
Announcements:	
In Loving Service,	

Fan Club Winner's Circle	Voting
Donation:	50.00
Literature Order:	119.10
Special Needs:	None
Announcements:	June 5th Steve 1 yr
	June 17th Brian 1 yr
In Loving Service,	Sebastian S

Find Your Tribe	Voting
Donation:	39.20
Literature Order:	33.80
Special Needs:	None
Announcements:	None
In Loving Service:	Debra B

Friday Night Alive	Voting
Donation:	24.21
Literature Order:	43.90
Special Needs:	None
Announcements:	None
In Loving Service:	Mary R

Gratitude	Reporting
Donation:	175
Literature:	3.80
Special Needs:	None
Announcements:	None
In Loving Service,	Ali C

Hanover Hope	Reporting
Donation:	0
Literature Order:	0
Special Needs:	In need of support, if Outreach could help that would be greatly appreciated. Possibly floating the idea of relocating the meeting so it could be closer to town. More will be revealed.
Announcements:	None
In Loving Service,	Tina S

High Hopes	Voting
Donation:	140.00
Literature Order:	0
Special Needs:	High Hopes is considering doing a homegroup inventory as suggested by NAWS. If any other HGs have experience w/ this feel free to see me or text at 202-669-1991
Announcements:	None
In Loving Service,	Carol M

Hope Fiends	Voting
Donation:	0
Literature Order:	19.50
Special Needs:	Hope Fiends is doing well. Come see us on Thursdays at
	7:30.
Announcements:	None

In Loving Service,	Jim C
H.O.W.	
Donation:	
Literature Order:	
Special Needs:	
Announcements:	
In Loving Service,	
, ,	
Hug Dealers	Voting
Donation:	0
Literature Order:	0
Special Needs:	None
Announcements:	None
In Loving Service,	Tayvon M
<u> </u>	,
I Can't We Can	Reporting
Donation:	80.00
Literature Order:	0
Special Needs:	None
Announcements:	None
In Loving Service,	Mimi B
in Loving Service,	Willia B
It Works, How & Why	,
-	
Donation:	
Donation: Literature Order:	
Donation: Literature Order: Special Needs:	
Donation: Literature Order: Special Needs: Announcements:	
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Donation: Literature Order: Special Needs: Announcements: In Loving Service, Just for Today	Voting
Donation: Literature Order: Special Needs: Announcements: In Loving Service, Just for Today Donation:	Voting 0
Donation: Literature Order: Special Needs: Announcements: In Loving Service, Just for Today Donation: Literature:	Voting 0 0
Donation: Literature Order: Special Needs: Announcements: In Loving Service, Just for Today Donation: Literature: Special Needs:	Voting 0 0 None
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Donation: Literature Order: Special Needs: Announcements: In Loving Service, Just for Today Donation: Literature: Special Needs: Announcements: In Loving Service, Just Steppin' Donation:	Voting 0 0 None None Robert C
Donation: Literature Order: Special Needs: Announcements: In Loving Service, Just for Today Donation: Literature: Special Needs: Announcements: In Loving Service, Just Steppin' Donation: Literature:	Voting 0 0 None None Robert C Voting 95.40 73.60
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Literature:	34.20
Special Needs:	None
Announcements:	Dale C is quietly celebrating 30 years on 5/27
In Loving Service,	

Keeping the Faith	Reporting
Donation:	0
Literature:	0
Special Needs:	None
Announcements:	None
In Loving Service,	Jason A

Let the Healing Begin	
Donation:	
Literature:	
Special Needs:	
Announcements:	
In Loving Service,	

Living Clean	Voting
Donation:	94.35
Literature:	34.65
Special Needs:	None
Announcements:	None
In Loving Service,	Brandon H / Daniel B

MFS	Voting
Donation:	0
Literature:	0
Special Needs:	None
Announcements:	Scott M celebrating 4 yrs on 26th 8pm MFS group 12050 Ridgefield Parkway
In Loving Service,	Joe W

Miracles Happen	Reporting
Donation:	0
Literature Order:	0
Special Needs:	Trusted servants
Announcements:	John M will be picking up his 32 yr medallion on 5/22
In Loving Service,	John M

Moment of Clarity	Voting
Donation:	50.60
Literature Order:	35.90
Special Needs:	None
Announcements:	Jules C celebrating 3 yrs June 3rd

1
Reporting
100
21
None
None
James S / Nick M
1
Reporting
46.40
99.60
None
None
Trevor S
1
Reporting
0
13.90
Experienced members
None
Kris C

Donation	9.80
Literature Order:	25.20
Special Needs:	None
Announcements:	None
In Loving Service,	Rais A

RAW Recovery	
Donation:	
Literature Order:	
Special Needs:	
Announcements:	
In Loving Service,	

Recovery Rockstars	
Donation:	
Literature Order:	
Special Needs:	
Announcements:	
In Loving Service,	

Riverside Recovery	Voting
Donation:	0
Literature Order:	0
Special Needs:	None
Announcements:	None
In Loving Service,	Cam B

Serene Recovery	Reporting
Donation:	0
Literature Order:	0
Special Needs:	We are a small meeting and sometimes get quite a few newcomers. Come check it out. We meet every Thursday at Corinth United Methodist Church 23 West Williamsburg Rd Sandston at 6:30.
Announcements:	None
In Loving Service,	Kurt D

Serenity of Farmville	Reporting
Donation:	100.00
Literature Order:	0
Special Needs:	None
Announcements:	Thursday Night Lit/Discussion: extending time change $ ightarrow$
	6:30-8pm
In Loving Service,	Ingrid H

Show Me How To Live	Voting
Donation:	13.52
Literature Order:	0
Special Needs:	BLACK KEY TAGGERS
Announcements:	None
In Loving Service,	Chelsea R

Simplicity	Voting
Donation:	34.04
Literature Order:	47.96
Special Needs:	None
Announcements:	Chris T May 28th 43 years
In Loving Service,	Jon H

Spiritual Sisters	Voting
Donation:	19.39
Literature Order:	22.66
Special Needs:	Black key taggers, general support
Announcements:	None
In Loving Service,	Olivia

Start Living	
Donation:	
Literature Order:	
Special Needs:	
Announcements:	
In Loving Service,	

Strength In Diversity	Voting
Donation:	7.89
Literature Order:	31.50
Special Needs:	None
Announcements:	None
In Loving Service,	Taylor D

Sunday Hope	Reporting
Donation:	26.00
Literature Order:	31.00
Special Needs:	None
Announcements:	None
In Loving Service,	Archie J

Survivors	Voting
Donation:	167.62
Literature Order:	283.90
Special Needs:	None

May 28th:
ie – 10yrs
Gidion – 2yrs
teven S – 5yrs
Robert C
1
4.36
44.64
None
None
Emily G
1
Reporting
16.80
0 Nace
None
None
Doug R
-
Villiam
<u> </u>

Who's An Addict	Reporting
Donation:	0
Literature Order:	50.48
Special Needs:	None
Announcements:	None
In Loving Service,	Carson B

Roll call by Vice Chair to establish quorum:

Total GSRs: 38

Voting GSR's Present: 25 Number needed to vote: 22

Quorum to pass: 17

In Loving Service,

None.	<u>ola basiliess.</u>
	Navy Business
None.	New Business:

Regional Motions:

None.

Money Matters:

Old Rusiness

Motion 5/25-1: [read by Tina S]

Motion: ASC required \$500 to cover cost of insurance policy due 6/5/25.

<u>Intent</u>: TCover costs due to ASC not having accrued enough to cover policy & other requirements.

Made by: Deb W (Treasurer)

Seconded by: Mary R (GSR Friday Night Alive, RCM Alt)

Robert motioned to vote, John-Mark seconded.

Motion passed.

Open Forum:

PowPow: I hate to have to bring this up, but do we need to do elections for VRCC director next month? Tina S: Yes, that needs to go back to homegroups.

Announcements:

None.

ASC next meeting is June 8th, 2025 at 3:30pm.

Meeting closed at 4:30pm with the Serenity Prayer.