

RASCNA
P. O. Box 26249
Richmond, VA 23260

MINUTES

CHAIR – KIM M.
VICE CHAIR – CATHERINE S.

SECRETARY – ABBE J.
TREASURER – BRIDGET C.

1. **Date:** Sunday July 14, 2024 **Start time:** 3:00pm 1213 Porter Street, Richmond, VA 23224
(Mailing Address Above)

2. **ASC Chairperson:** Open RASCNA with the Serenity Prayer
Chair Read: Purpose
12 Traditions: Sarah H.
12 Concepts: Todd P.
Chair Read:

a. Are there any new GSR's? If so, please state your name and home group so that we can welcome you, then please go to the Outreach table.

b. It is a privilege for NA to use this facility for ASC. There is no eating or drinking in this room. We ask that all children remain under adult supervision, at all times. The space that has been rented to us consist of the meeting room, the bathrooms on this floor only, and the kitchen area where the Literature and Print Shop conduct NA business.

c. Are there any home groups here today that has information to present about their home group that can affect our primary purpose? For example, changing of meeting time and/or location; meeting changing due to holidays; any problems with addicts' behavior that could jeopardize a meeting space; meeting closings for any reason; or home group functions.

Home Groups/Area Concerns: NONE

Notes:

All motions to change the order of the day must be turned in prior to the start of the business to be considered. Motions to change the order of the day turned in *after* the start of business must be approved by the Chairperson to be considered. All changes to the order of the day must be heard and receive a majority vote of the GSR's before the change to the order of the day can happen.

Changes To The Order Of The Day:

Abbe J. is the acting Secretary of the Day – Motion Passed

3. **Timekeeper:** Linda S.

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4. Attendance Roll Call of Groups: Open: 22 / Closed: 12 / Voting: 19 / Reporting: 2 / Absent: 5 / Meetings: 1
Attendance Roll Call of Subcommittees: Preset: 10 / Absent: 7/ Vacant: 3
TOTAL: 27 Groups / 2 Meeting(s)

Richmond Area Groups					
Open	Closed	Voting	Reporting	Absent	Meetings
1. Atmosphere Of Recovery	1. Blackwell Recovery	1. Atmosphere Of Recovery	1. Easy Pace/ Stepping Out	1. Clean & Serene	1. Staying Clean
2. Church Hill Group	2. Friday Freedom [meeting]	2. Church Hill Group	2. Shot Of Hope	2. For The Newcomer	2. White Flag
3. Clean Connection	3. Friday Feelings/ Sunday	3. Clean Connection		3. More Will Be Revealed	
4. Clean and Serene	4. Miracles in Basic Text	4. East End Men's Rap		4. Never Alone	
5. East End Men's Rap	5. NA Sisters In Stride	5. Freedom Group		5. New Beginnings	
6. Easy Pace/ Stepping Out	6. Not In The Fan	6. Good Orderly Direction		6. White Flag	
7. For The Newcomer	7. Southside Recovery	7. Growing In Recovery			
8. Freedom Group	8. Stepping On Sundays	8. Hold On Pain Ends (H.O.P.E.)			
9. Good Orderly Direction	9. Recovery	9. Hope On The Hill			
10. Growing In Recovery	10. T.G.I.F.	10. In Times Of Illness			
11. Hold On Pain Ends (H.O.P.E.)	11. The Promise	11. Keeping It Simple In The A.M.			
12. Hope On The Hill	12. We Do Recover	12. Long Haul			
13. In Times Of Illness		13. Monday Reality			
14. Keeping It Simple In The A.M.		14. New Birth			
15. Long Haul		15. Open Minds			
16. Monday Reality		16. Positive Thinking			
17. More Will Be Revealed		17. Rainbow's End			
18. Never Alone		18. Simple Basics Of Recovery			
19. New Beginnings		19. Staying Clean Together			
20. New Birth		20. Sunday Spiritual			
21. Open Minds					
22. Positive Thinking					
23. Rainbow's End					
24. Shot Of Hope					
25. Simple Basics Of Recovery					
26. Staying Clean					
27. Sunday Spiritual					

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5. Review and Approve Old Minutes:

Minutes approved with a correction – Guideline Motion Special Events seed money increased from \$1100.00 \$1300.00 Passed to go back to home groups.

6. Area Level Trusted Servants:

<p>ASC Chair</p>	<p>Hi family,</p> <p>I'm a grateful recovering addict and my name is Kim M.</p> <p>I would like to ask all of you to please give the floor person the same respect you, yourself, want and deserve. It is very hard to conduct Area business when members are having private conversations. If you must talk, please remove yourself from the meeting space and when you are done, please return to the meeting space we need you. Your input and your questions are valuable.</p> <p>For any of you who are having problems getting the minutes, the minutes are posted on rvana.org no later than two weeks after ASC.</p> <p>For members who have keys to this building, I received a text from Pastor Shayne. Saturday June 29th it stated that "one of the leaders from the church stopped by the church late this afternoon and found a side door open. Please remind everyone who has a key to be very careful about security at the church".</p> <p>I received a call from the Vice-Chair yesterday but was unable to answer my phone, but she did send me a text message letting me know she would not be attending Area Service today. After responding okay and thank you, I remembered that our treasurer is on vacation and asked if she would show up to sign checks, she informed me she would and that she would be leaving her house at 5:00 PM.</p> <p>GSRs be informed about what is and what is not allowed for us to do and not do, we are the trusted servants that you elected please read your guidelines and procedures and hold us accountable; it is important that our area continues to grow not fall apart.</p> <p>As your elected chairperson it is important that you know I serve you, the GSRs, with an open mind and a clear conscious. Nothing I say or do is personal, it is all in the spirit of Narcotics Anonymous.</p> <p>ILS, Kim M.</p>
<p>Announcements:</p>	<p>Kim M., (804) 528-8082 Email: kimm.areachair@gmail.com</p>

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ASC Vice-Chair	Absent - No Report
Announcements:	Catherine S. Email: rascnaasv@metrorichmond.org
Secretary	No Report
Announcements:	Abbe J., (804) 677-4737 Email: abbej.rascnasec@gmail.com
Treasurer Report	<p>Hi Family, I am an addict named Bridget C, Attached for your review is the April bank statement, along with a report for this month. Please let me know if you have any questions. Income for April was \$2,433.21 and expenses were \$1,816.17 and \$1,927.97 in outstanding checks. Check #5274 New Dominion for \$136.80 Check #5352 WSO for \$1,454.37 Check #5351 New Dominion for \$136.80 Check #5353 Catherine S. for \$200.00</p> <p>As a reminder to all GSR's please inform your homegroup that when sending money to the area through Cash App PLEASE make sure they are notating which home group it is coming from as I am received funds and I do not know the Home Group it belongs to since I am unfamiliar with the name of the person sending it. Also, as a reminder we will not be taking any orders or money orders once area has started. ILS, Bridget C.</p>
Announcements:	-Briget C., (804) 909-3607 Email: rascnatre@metrorichna.org -See attachments for banking statement, income & expense sheet, and profit & loss statement.

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6. Group Reports:

Sunday July 14, 2024

Atmosphere Of Recovery	Donation: \$ 46.76 Literature Order: \$ 107.24
Report:	Loving & Caring home group who carries a message of hope each week. Annette J. will celebrate 15 years on 07/21/2024 & Zeek will celebrate 22 years on 07/28/2024. The church is asking about insurance and the group wanted to know the status of Area's insurance. In Loving Service, Jasmine W.
Church Hill Group	Donation: \$ 39.43 Literature Order: \$ 0.00
Report:	The Church Hill home group continues to carry the message of hope, bring in a fairly good crowd of newcomer's who's really embracing the attractions that our recovery reflects. Sulaiman F., celebrates 18 years, this Tuesday 07/16/2024 @6:30 PM. In Loving Service, Antonio B.
Clean Connection	Donation: \$0.00 Literature Order: \$73.62
Report:	Home group is well. We are having a lot of newcomers. We have three celebrations coming up; Sheila G. 13 years 07/20/2024, Jackie B 2 years 08/10/2024, and Beverly P 08/17/2024 at Clean Connections 1205 W. Franklin St from 1-3:45PM, only for celebrations. In Loving Service, Lawrence S.
Easy Pace	Donation: \$0.00 Literature Order: \$24.00
Report:	All is well. Each day we have a larger group. For now, it's just Norris L. and Ronald N. We do keep the home group with unity. In Loving Service, Easy Pace [Ronald N.]
East End Men's Rap	Donation: \$23.97 Literature Order: \$26.03
Report:	East End Men's Rap is doing very well and we are steadily growing. There is no anniversary coming up. In Loving Service, Leonard E.
Freedom Group	Donation: \$ 56.00 Literature Order: \$ 46.11
Report:	Freedom Group continues to fulfill it's primary purpose with 30-40 addicts in attendance weekly. An addict Ronnie D. will celebrate 5 years in recovery on July 24 th . Please come out and help us celebrate recovery. Anniversary Celebration July 17 th 6-9PM. In Loving Service, Deborah C.
Good Orderly Direction	Donation: \$ 183.87 Literature Order: \$ 135.83
Report:	Good Orderly Direction welcomed 2 new members this month. Our home group is growing. In Loving Service, Lucinda C.

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Growing In Recovery	Donation: \$ 0.00 Literature Order: \$ 159.13
Report:	Growing In Recovery continues to grow carrying the message with 50 in attendance each meeting. Alicia celebrates 07/27/2024 and trusted servant, GSR, Mady. In Loving Service, Mady H.
Hold On Pain Ends (H.O.P.E.)	Donation: \$ 4.02 Literature Order: \$ 37.80
Report:	H.O.P.E. is still in need of support. We really need a starter kit. We started keeping account on 04/14/2024. Attendance goes up and down. We get a lot of newcomers. In Loving Service, Linda S.
Hope On The Hill	Donation: \$ 0.00 Literature Order: \$ 0.00
Report:	We would like to apologize to the Area. We were not open on 07/3/2024. A note was supposed to be placed on the door and we only have 2 members, and we are in need of supplies. In Loving Service, Beverly D.
Keeping It Simple In The AM	Donation: \$ 0.00 Literature Order: \$ 0.00
Report:	Keeping It Simple, a zoom meeting, continues to maintain an average of 30-35 members daily, M-F 9-10:15AM. Also, a home group member named Elaine celebrates 34 years of recovery on July 26 th (Friday). Come out and help Elaine celebrate. In Loving Service, Maurice H.
In Times of Illness	Donation: \$ 0.00 Literature Order: \$ 0.00
Report:	We are doing well. In Loving Service, Mason R.
Long Haul	Donation: \$ 14.81 Literature Order: \$ 91.19
Report:	The Long Haul Group continues to thrive, with weekly attendance each Monday at 8:00PM of 40-60 addicts, many of whom are newcomers from local rehabs. Join us as we seek to practice the 1 st Tradition: our unity together as a group furthers each individuals' recovery. In Loving Service, Ralph W.
Monday Reality	Donation: \$ 0.00 Literature Order: \$ 0.00
Report:	Monday Reality is doing awesome, and we have nothing to report this month. Thank you. In Loving Service, Trey Y.

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New Birth	Donation: \$ 0.00 Literature Order: \$ 0.00
Report:	Good evening family, The New Birth home group continues to keep the doors open and carry the message according to our 5 th Tradition. New Birth welcomes about 15-20 newcomers weekly. Our home group meets every Saturday at 9:00AM at 700 Dinwiddie Ave. I would like to apologize for not having a treasurers report due to him being on vacation. In Loving Service, Edwina P.
Open Minds	Donation: \$ 0.00 Literature Order: \$ 0.00
Report:	Open Minds continues to welcome a large number of recovering addicts every week and many newcomers as well. On July 22, Steve C. will be celebrating his first year of recovery. Please come out and support this recovering addict. In Loving Service, Sarah S.
Positive Thinking	Donation: \$ 0.00 Literature Order: \$ 0.00
Report:	Positive Thinking We have newcomers that are attending our homegroup. In Loving Service, Cynthia A.
Rainbow's End	Donation: \$ 93.41 Literature Order: \$ 10.91
Report:	Homegroup is doing well. Kevin H celebrated 4 years. No upcoming anniversaries for the remainder of the month. The meeting is open to anyone on Fridays at 9PM at 800 Blanton Ave. In Loving Service, Howard B
Simple Basics of Recovery	Donation: \$ 205.38 Literature Order: \$ 141.58

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Report:	Our home group and our newer members have joined in to serve with the guidance of our experienced members. We are working to consistently attend area meetings and provide accurate secretary and treasurer reports. Thank you for allowing us to serve. In Loving Service, Chinary H.
Staying Clean	Donation: \$100.00 Literature Order: \$ 0.00
Report:	Staying Clean is doing well. We have 2 celebrations coming up. Charles W. this Saturday, the 20 th and Vaughn D. 31 years, on the 27 th of next week. In Loving Service, Hardy H.
Sunday Spiritual	Donation: \$ 0.00 Literature Order: \$ 0.00
Report:	Sunday Spiritual is doing great. The attendance is growing out the door. We are still carrying the message of recovery with more experience members giving hope to the newcomer. Sunday Spiritual voted in favor of increasing Special Events seed money of \$1300.00. In Loving Service, Antony W.
Shot of Hope	Donation: \$ 0.00 Literature Order: \$ 0.00
Report:	Shot of Hope is doing well. This month we had 29 newcomers with a total of 259 members in attendance for the month. We are a 12 Step, Tradition, and Concept. We have 2 celebrations in August. An addict by the name of Ronald C., 9 years on 08/15/2024 and Faygo T., 2 years on 08/22/2024. We thank you all for supporting our homegroups. Please continue to attend. In Loving Service, Karen C.

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8. Area Trusted Servants' Reports:

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RACC	Absent - No Report
Announcements:	NONE
Policy	<p>Hello Family,</p> <p>The updated 2024-2025 Guidelines and Procedures have been printed and handed out today. There were only two addendums made to this year's Policy.</p> <p>The policy Subcommittee is presenting motions today to change the requirements of Chair and Vice Chair position clean times. We are also presenting a motion for the removal of our Area Vice Chair.</p> <p>Note: There has been a time and day change to our subcommittee meetings. Policy now meets on the 2nd and 4th TUESDAY each month at 5pm on the same zoom meeting. The meeting ID is 766-8244-6797 and the password is 772646. All are welcome!</p> <p>Our next business meeting is scheduled for Tuesday, July 23rd. We look forward to seeing you there.</p> <p>Thank you for allowing me to serve.</p> <p>In loving service, Angel K.</p>
Announcements:	Angel K. 804-937-5100 stillwingless22@yahoo.com

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Public Relations	<p>RASCNA PUBLIC RELATIONS SUBCOMMITTEE REPORT JULY 8, 2024 The RASCNA Public Relations Subcommittee continues to meet virtually on the 1st & 3rd Mondays of each month at 6:00 P.M. You can visit our link at www.narva.org.</p> <p>Our purpose is to continue to develop and maintain valuable relationships with professionals and the public, to provide information about NA and inform the public that NA exists and offers recovery from the disease of addiction.</p> <ul style="list-style-type: none"> • Combined Event: The combined H&I, PR Day has been determined. It was decided by the Unified Subcommittee, that two (2) separate events would be held. The first event is to be held on Saturday August 3, 2024. The event was scheduled to be held at 22 East Washington St. Petersburg, VA. 23803. The second event will be held in September, the date and time will be determined. • The PowerPoint procedures were prepared and presented to the team by Charles W. Copies were emailed to the Unified PR subcommittee members. The projector and screen will be requested for presentations. • Final Details concerning the content and procedures for the event will be discussed at the next Unified Subcommittee Meeting, (July 15, 2024) It has been decided that refreshments will be provided at both events. RASCNA PR Subcommittee requesting a sum of \$200.00 to assist with food and donation. (see attached flyer). • The request for a tablecloth has been resolved and is hereby being withdrawn • The Richmond Area registration Chair has been contacted to discuss the possibility of adding our business cards to the registration packets for the Area convention has been discussed. Research is being done to determine the possibility of adding QR code to the new business card. The QR code would be a direct link the website. The sum of \$98.00 is being requested form the Richmond Area for the purchase of the cards. • The Richmond Area PR subcommittee has agreed to participate in the 20th Annual McShin foundation Recovery Fest, Saturday September 7, 2024. 2300 Dunbarton Rd. This information will be presented to the unified subcommittee at the next meeting. <p>In Loving Service, Norman W.</p>
Announcements:	See Attached Flyer(s)
H&I	<p>Hi family. Due to a family reunion, in my absence, Sarah S. is giving our report for H&I. I communicated with our area chair, Kim M., of my absence due to my family event. We currently are servicing New Kent Jail East, Women’s Healing Place, One Source Arts 1 and 2 Men’s, One Source Arts 2 Women’s, RBHA Men’s in-person, and Richmond City Jail (RCJC). Ms. Kelli, at RCJC, informed us that there will be a PREA class on July 16th and we are happy to announce that two of our members will be attending. Rotations are going well at all our facilities and our facilitators are doing a great job. We will be attending the Unified Public Relations meeting on 07/15/2024 (virtual) to continue our collaboration with them regarding a joint learning day/workshop. Tri-Cities and New Dominion will be joining us in this service endeavor in order to support one another’s areas. We are excited to announce Our workshop is slated for August 3rd in Petersburg. Our next H&I business meeting is July 28, 2024, at 1:30PM 1211 Porter Street, Richmond, VA. We are happy to announce two additional members are qualified facilitators and Rubicon Men’s is now in-person. Val R., Jeff U., and Earl K. all attended the in-person meeting. If you wish to join us at the Unified Public Relations Meeting and be a part of, the ZOOM Meeting ID: 849 0794 3584/Password: “PR”</p> <p>Loving Service, Val R. & Sarah S.</p>

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Announcements:	NONE
Outreach	<p>Outreach is a great Subcommittee. All our members have substantial clean time and are familiar with Guidelines and Procedures. If you want to learn more about your area, come join us. We will guide you all the way. We meet every 2nd and 4th Monday on Zoom at 6PM to 7:30PM.</p> <p>In Loving Service, Beverly D.</p>
Announcements:	NONE
Special Events	NO REPORT
Announcements:	NONE
Special Events Treasurer	NO REPORT
Announcements:	NONE
RCM - Alt RCM	<p>Hello Family,</p> <p>I attended the Region on June 15, 2024</p> <ul style="list-style-type: none"> •Our regions current balance \$20,630.18 and our prudent reserve is \$18,149.25. Currently the open positions on the regional level are as follows: <p>Chair, Vice-Chair, Public Relations Chair, H&I Chair, Speaker Jam Chair, and Policy Chair.</p> <p>During region, I asked if we were currently donating to the World and the answer was “No”. D/C policy states the Region needs 25% of combined total of the newly approved budget and previous year’s budget. Moreover, there are 2 motions that need to be voted on and the vote passed for us to become part of NE Region Zone.</p> <ul style="list-style-type: none"> - Motion 227-2 <p>To change the word Autonomy Zone to " Our Member Zone"</p> <p>Intent - To reflect our current zonal participation.</p> <ul style="list-style-type: none"> - Motion 227-1 <p>To move the 831.52 from our account to the N.E. zonal account that came from our portion of C.A. zone (Central Atlantic)</p> <p>Intent - To keep the "Zonal Funds" as they were because this money was already our "Zonal" funds.</p> <p>In Loving Service, Simone W.</p>
Announcements:	NONE
VRCC / Alternate VRCC	NO REPORT

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Announcements:	NONE
Literature	<p>Literature committee is doing well. As a reminder all literature will be given out after Area. Literature has a new member, Michelle. Last month I was absent and a few folks were under the impression that I failed to practice effective communication. I texted a few folk to inform them of my absence. I'm going to ignore the comments that were brought back to me. But FYI, the 4th Concept speaks to effective leadership being highly valued. I believe since I [have] been the literature chair, I've practiced this. The 8th Concept speaks to effective communication. If you weren't the person or persons I reached out to, [it] doesn't [mean] my communication wasn't effective. I enjoy being the literature chair and I'll continue to serve as humbly as I can. But please remember I'm a human being.</p> <p>In Loving Service, Kevin W.</p>
Announcements:	NONE
Print Shop	<p>The Print Shop is running well. The printer solution has been resolved. I am aware when the toner is running low. I would like to thank the Area for being patient and working along with me. I am requesting \$150.00 for toner.</p> <p>In Loving Service, Bobby L.</p>
Announcements:	NONE

8. Old Business:

Procedural Motion(s):

- a) Motion: To purchase Chromebooks for the Secretary and the Treasurer. We will also keep a signature sheet showing who has the Chromebooks and they will pass on to the next Secretary and Treasurer when positions change.

Intent: To ensure that the Secretary and Treasurer can fulfill their duties without having to use their own computers or go to the library.

Motion Maker: Area Chair / Seconded by: NOT REQUIRED

RASCNA Vote: 15 / 0 / 0 TABLED

9. Nominations and Elections

<u>ELECTED</u>	
<u>Names</u>	<u>Position</u>
Abbe J.	Secretary

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<u>NOMINATIONS</u>	
No nominations received	Outreach Chairperson
No nominations received	Alternate RCM
No nominations received	Alternate RCM
<u>VACANT</u>	
No nominations received	Assistant Secretary

10. Money Matters: NONE

11. Procedural Motion(s):

- a) Motion: For Outreach to provide a start kit for Hold On Pain Ends (H.O.P.E.).
Intent: To carry the message and keep the doors open. According to our 5th Tradition, each group has but one primary purpose-to carry the message to the addict who still suffers.
Made By: Edwina P. / Seconded by: Antony W.
RASCNA Vote: 11 / 0 / 3 PASSED

- b) Motion: To increase allotment from \$150.00 to \$160.00 to purchase toner because the price of the toner went up.
Intent: To be able to print so that the toner doesn't run out.
Made By: Print Shop / Seconded by: NOT REQUIRED
RASCNA Vote: 16 / 0 / 0 PASSED

- c) Motion: F: Removal of Trusted Servants; Catherine S. Area Vice-Chair

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The Vice-Chair does not have the capability to function as an executive member of the body to Keep the atmosphere of recovery.

Intent: The inability to uphold outlined duties and responsibilities as Vice Chair of Area; such as overseeing the reading of a motion, maintaining order, and an atmosphere of recovery at the Area level in accordance with Concepts 1, 5 and 8. As well Traditions 1 and 2.

Intent: It is intended to have an effective acting chairperson in the event the chairperson is not here.

Traditions: 1) Our common welfare should come first; personal recovery depends on NA unity. 2) For our group purpose there is but one ultimate authority - a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.

Concepts: 1) To fulfill our fellowship's primary purpose, the NA groups have joined together to create a structure which develops, coordinate, and maintains services on behalf of NA as a whole. 5) For each responsibility assigned to the service structure, a single point of decision and accountability should be clearly defined. 8) Our service structure depends on the integrity and effectiveness of our communities.

Made By: Policy Subcommittee/ Seconded by: NOT REQUIRED

RASCNA Vote: TABLED – We will revisit motion with the Vice-Chair present.

Guideline Motion(s) [to the groups]:

NONE

Regional Motion(s) [to the groups]:

- a) Motion: Change the policy from Autonomy Zone to “Our Member Zone”

Intent: To have policy accurately reflect current zonal participation. By writing, “Our Member Zone”, this also allows the region to show it is participating in the zone without having to continue to change the policy.

Made By: (RCM) Simone W. / Seconded by: NOT REQUIRED

RASCNA Vote: 16 / 0 / 0 PASSED

- b) Motion: To move the monies that were divided up from the Autonomy Zone in the amount of \$831.52, to the N. East Zone.

Intent: To keep the intended funds to be put back in their correct place which is in the zone that we are currently a part of.

Made By: (RCM) Simone W. / Seconded by: NOT REQUIRED

RASCNA Vote: 15 / 0 / 0 PASSED

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12. Money Matters:
NONE

13. Next ASC Meeting: August 11, 2024 / 3:00pm / 1213 Porter Street, Richmond, VA 23224
Date Time Place

14. Other Pertinent Announcements:
Unified Public Relations and H&I Subcommittee Workshop
August 3, 2024
12-2:00 PM
22 E. Washington St
Petersburg, VA 23803

***See attached Flyers

Motion to Close with the Serenity Prayer: Edwinna P. / Seconded by: Mason R. at 6:00PM