

NDANA AREA MEETING MINUTES FOR May 21, 2023

Margaret G opened with the Serenity Prayer

Purpose read by: Sean R

Twelve Traditions read by: JT

Twelve Concepts read by: Thomas

Subcommittee and Trusted Servants Points of Contact:

Executive Committee			
Title	Name	Email Address	Phone Number
Chair	Coleen C.	ccherici@comcast.net	804-439-0612
Vice Chair	Tina S.	ndanahni@gmail.com	804-439-7777
Secretary	Chelsea R.	ndanasecretary@gmail.com	804-735-3852
Treasurer	Colley C.	ndanatreasurer@gmail.com	804-610-0046
Vice Treasurer	Deb W.	debwolfflcs@gmail.com	856-323-4673
RCM	Chelsea R.	chelsearndana@gmail.com	804-735-3852
RCM Alternate	Marcus E	combathapkido95@gmail.com	804-398-3631

Subcommittee Name			
Subcommittee	Name	Email Address	Phone Number
Campout	Howard H.	howardherndonjr@gmail.com	804-335-7534
H&I	Bryan M.	ndanahni@gmail.com	757-635-7414
Literature Chair	JT	jacobtimmel@gmail.com	804-814-3631
Outreach	Sean R	srao@cwtesco.com	804-269-1200
Policy	Ben F		
Public Relations	John M.	ndanaprchair@gmail.com	804-306-1833
Special Events Chair	Robert C.	upatree.rc@gmail.com	804-909-7214
VRCC	Erin M.	eomdwg@gmail.com	804-380-8374
VRCC Alt	Butch N.	jneveroski1@gmail.com	804-357-1644

Executive Committee Reports:

Chair:

Good afternoon NDANA ASC. I hope all are well and enjoyed your Mother's Day last week. It was reported to me during this past month that there was a Home Group that had a large sign in the parking lot announcing the NA Meeting time and date. Setting announcements in public settings can break our anonymity. This issue will be referred to Outreach SC to visit the HG to teach them about traditions.

ILS, Coleen C.

Vice-Chair:

All is well.

ILS, Tina S.

Secretary:

All is well with secretary.
ILS, Chelsea R

Treasurer:

Bank balances:
2/28 \$19,243.55
3/31 \$20,438.48
4/28 \$17,230.31
ILS, Colley C

Vice-Treasurer:

Please make sure that the money orders specify how much is for donation and how much is for literature and the name of the Home Group.
ILS, Deb W

RCM:

We met April 16th and 11 Areas attended. Lauren H is pro temping for secretary for the time being. Region is in dire need of trusted servants for the following positions: Vice-Chair, Vice-Treasurer, H&I Chair, Policy Chair, Speaker Jam Chair and will be looking for a new PR Chair. Region's current bank balance is \$22,868.45 they have a projected donation of \$4,201.70 and prudent reserve of \$18,666.75. Their bank account now has a zelle account for easier donating and they are still working on getting the PO Box fixed and taken care of. Attracting Members to Service, What is a zone and managing a survey asking for input from everyone. <https://www.surveymonkey.com/r/F63KDRV>. The United States now has it's own website <https://usa-na.org/>. The following survey is for to gather how you feel about the US zones not being a part of the delegation stream but as a body just doing service with willing members to do service on a different level <https://www.surveymonkey.com/r/R2BXGCN>. Gateway to Freedom will be having their 7 th Annual Camp Jam September 15-17 at Camp Minko Keyser WV. Registration and information available on our website as well: <https://gatewaytofreedomna.org/>. Rappahanock Area will be having their 3rd Conference RACNA September 15-17th at Fredericksburg Expo and we are selling raffle tickets that include hotel, banquet, registration for \$10 each, June 24th is a Fish Fry Speaker Jam at FMC (dumpster) 5pm raffle will be held and must be present to win. See Etta for more details/purchase, picnic at Loriella Park on June 10th from 12- 6 see rappna.org for more information. The region has appointed the CARNA Service Adhoc Committee for the following reasons: Intent: CARNA Service ad hoc Commission was chartered to recruit, draft, suggest and or direct, future trusted servants who qualify to serve both upcoming and unexpired terms by acclamation and for all member to member relations ships to search the ranks and help get the message out. 1. Feel free to forward / send this report to ASCs', fellow members, Sponsors and spiritual advisors within CARNA's Region for considerations that may be helpful as a hold directing this initiative. 2. Please attend both our next CARNA RSC on June 17th 10 am and our 2 nd Service Adhoc Committee to witness the miracles of service, invite a friend or 2 to help us carry the message of service and the benefits of doing it. 3. Bring any of Your experiences and or desired actions to the meeting to help guide this subcommittee path.

ILS, Chelsea R

RCM, Alternate:

Absent, no report

VRCC Director:

Hello fam!

Yesterday I attended our annual VRCC retreat. Usually this is a weekend event, however, in the interest of financial prudence we as directors voted to condense it to one day this year.

We discussed the roles of a Director and alternate director, the role and responsibilities of the VRCC Treasurer, received an updated policy book and did several fun team building exercises and played some AVCNA trivia.

Our bi monthly business meeting was held as well. Most importantly, the NDANA was awarded the bid for the 41st AVCNA! I am very exciting to work along side everyone to put on a fun and memorable convention. Elections for Officers will be held on June 25th at 12:00, location to be determined. Spread the word and please come see me with any questions regarding elections. You must be present in order to be elected!

A full financial report was given and several motions were presented, all passing via Director votes. These include approval of a motion to change policy to adopt a new three city rotation for the VRCC, a motion to change the "city name" of Va Beach to Hampton Roads in an effort to expand the area and allow for more cost effective hotel options, and motion to dissolve the current AdHock committee in favor of initiating a new committee with a more limited scope. This will allow one specific concern to be addressed at a time and a solution resulting in a possible motion to be reached more efficiently. We then passed a motion to form an AdHock specifically devoted to fundraising. An AdHock chair was named, we await a meeting time. I will be joining a subcommittee responsible for going over policy and our bi laws to correct any conflicts between the two.

We are in great need of a new Website chair. The suggested requirements are two years clean, working knowledge of the twelve traditions and concepts, knowledge of website and computer operations and a suggested minimum of one year VRCC experience. Please do not let the suggestions keep you from volunteering, as they are just that, suggestions that can be overruled by the board.

Our current account is \$27,425.97. The NDANA has proven to be exemplary in fundraising ventures and financial prudence, I have no doubt that we can come together to help raise as much as possible before the convention!

I have attached a copy of the suggested requirements for Officers of the Host Committee and will bring copies for GSR's to our next ASC.

ILS, Erin M

VRCC Alt. Director:

Absent. No report.

ILS, Butch N

Subcommittee Reports:

Campout:

All is well with campout. So we as a subcommittee have decided not to do 3 campouts this year and only have 2, Christopher Run will be the first one and we will have a second in which will be a free campout at Powhatan State Park other than that there is nothing else to report.

ILS, Howard H

Hospitals & Institutions:

All is well with H&I. We are in dire need of trusted servants to help out with our facilities:

ARTS 2 Tuesday 6-7

Beaumont Prison every other Thursday 7-8 (need clearance)

YCAPP every other Thursday 10am-11am (will start in June or July more to be revealed)

VCBR Wednesdays 6:30-7:30

James River Juvenile every other Thursday 6:30-7:30

Chesterfield Women Tuesdays we are working on a new time

Please reach out to Bryan 757-635-7414 for more information.

ILS, Chelsea R

Literature:

All is well with Literature. There is a note inside of your orders for the homegroups that are owed items. It has been difficult to keep enough of everything for everybody, which is a good problem to have because that means this stuff is getting out into the world and hopefully saving lives. Restock order is on the way and should arrive in the middle of next week. I will get stuff to you as fast as I can.

ILS, JT

Outreach:

Outreach met on April 25. It was attended by 4 people we will next meet on Tuesday May 30th at Candela's on Midlothian at 6:30pm. We are in need of support. If you or anyone you know are looking for a service position please come on out for dinner.

ILS, Sean R

Policy:

VACANT

Public Relations:

Hi Family,

Below is my update for May 2023.

PR Sub-Committee Meetings

- There have been two Unified PR Sub-committee meetings since our last ASC. I attended the meeting on April 17th but was not able to attend the meeting held on May 15th. We discussed the upcoming PR events.

PO Box

- I have provided mail to Chair and Treasure.

Community Outreach Events

- As announced as last ASC, the PR sub-committee is holding two events in June

- Pharmacy card campaign - June 3rd

- Special Thanks to Kathleen H and Tara I. We have a list of locally own pharmacies that we will be contacting. I have ordered stands for meetings.

- Community Outreach Event - June 10th in Farmville, VA.

- If anyone is interested in either event, please email NDANAPRCHAIR@gmail.com or call me at 804-306-1833

Web Site

- For the month of April we had 3.2K users visit our web site

Phone Line

- For April we had 20 calls in total.

- 6 Volunteer lookups

- 10 Meeting lookups

- 4 Missed calls

Comcast PSAs

- We received a bill for \$336 from Comcast for PSAs. I paid that yesterday. I have reached

out to Tri-Cities and Richmond area to advise them of their share for reimbursement:

PR Policy Guide

- I started on the policy guide for PR. Work continues

Meeting Lists

- I have meeting lists from last month here for any GSR that need them.

Expenses

Receipts have been provided for the following expenses:

- \$336.00 - Comcast PSA

- \$57.23 - Contact Cards for upcoming events

- \$52.99 - Meeting List Stands for upcoming events

ILS, John M.

Special Events:

All is well with Special Events. We met today at 1pm in this room. The flyer for the bingo on Saturday June 3rd is out for distribution. We have a request for funds in the amount of \$500, to purchase food and drinks along with having petty cash for change. We are also still looking into venues for a Family Fun Day to be held in August.

ILS, Robert C

Home Group Reports:

A Spiritual Connection	Voting
Donation:	\$0
Literature Order:	\$0
Special Needs:	None
Announcements:	Mike W celebrates 3 years 6/10
In Loving Service,	Whitney F

Another Chance	Voting
Donation:	\$100
Literature Order:	\$0
Special Needs:	None
Announcements:	None
In Loving Service,	Scott M

Another Look	
Donation:	
Literature Order:	
Special Needs:	
Announcements:	
In Loving Service,	

Any Lengths	
Donation:	
Literature Order:	
Special Needs:	
Announcements:	
In Loving Service	

Atheists Recover Too	
Donation:	
Literature:	
Special Needs:	
Announcements:	
In Loving Service,	

Back Door Group	Reporting
Donation:	\$2.60
Literature Order:	\$54.40
Special Needs:	None
Announcements:	None
In Loving Service,	Billy M

Basic Text Recovery	
Donation:	
Literature Order:	
Special Needs:	
Announcements:	
In Loving Service,	

Building Bridges	Reporting
Donation:	\$28.40
Literature Order:	\$13.60
Special Needs:	None
Announcements:	None
In Loving Service,	Ron H

Clean Air	Voting
Donation:	\$0
Literature Order:	\$0
Special Needs:	None
Announcements:	Clean Air is a Virtual Zoom averaging 48 to 60 participants each Saturday evening.
In Loving Service,	Alan B

Clean Today	
Donation:	
Literature Order:	
Special Needs:	
Announcements:	
In Loving Service,	

Courthouse Freedom	Voting
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Donation:	\$14
Literature Order:	\$15
Special Needs:	None
Announcements:	None
In Loving Service,	Robert C

Crossroads	
Donation:	
Literature Order:	
Special Needs:	
Announcements:	
In Loving Service,	

Desire	Reporting
Donation:	\$0
Literature:	\$0
Special Needs:	None
Announcements:	None
In Loving Service,	Mike Monte

Fan Club Winner's Circle	Reporting
Donation:	\$90.26
Literature Order:	\$37.74
Special Needs:	None
Announcements:	Hillary celebrates 1 year 6/8 Damon celebrates 6/27
In Loving Service,	Stuart P

Find Your Tribe	
Donation:	
Literature Order:	
Special Needs:	
Announcements:	
In Loving Service:	

Friday Night Alive	Voting
Donation:	\$35.70
Literature Order:	\$7.70
Special Needs:	None
Announcements:	None
In Loving Service:	Thomas S

Gratitude	Reporting
Donation:	\$150
Literature:	\$0

Special Needs:	None
Announcements:	None
In Loving Service,	Joseph B

High Hopes	Voting
Donation:	\$31
Literature Order:	\$14
Special Needs:	None
Announcements:	None
In Loving Service,	Ron H

Hope Fiends	Voting
Donation:	\$0
Literature Order:	\$0
Special Needs:	None
Announcements:	None
In Loving Service,	Sean R

H.O.W.	
Donation:	
Literature Order:	
Special Needs:	
Announcements:	
In Loving Service,	

Hug Dealers	Reporting
Donation:	\$75
Literature Order:	\$95.30
Special Needs:	Could always use black keytaggers
Announcements:	None
In Loving Service,	Nicole G

I Can't We Can	Reporting
Donation:	\$0
Literature Order:	\$0
Special Needs:	None
Announcements:	John celebrates 20 years 6/9 Jake celebrates 2 years 6/23
In Loving Service,	PowPow

It Works, How & Why	Reporting
Donation:	\$0
Literature Order:	\$0
Special Needs:	None
Announcements:	Reese celebrates 1 year 5/21

In Loving Service,	Nick M
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Just for Today	Reporting
Donation:	\$0
Literature:	\$26.30
Special Needs:	None
Announcements:	None
In Loving Service,	Robert C

Just Steppin'	Voting
Donation:	\$13
Literature:	\$78
Special Needs:	None
Announcements:	Eric G celebrates 5 years 6/12
In Loving Service,	John K

Keep Coming Back	Voting
Donation:	\$10
Literature:	\$0
Special Needs:	None
Announcements:	None
In Loving Service,	Pam K

Keeping the Faith	
Donation:	
Literature:	
Special Needs:	
Announcements:	
In Loving Service,	

Let the Healing Begin	
Donation:	
Literature:	
Special Needs:	
Announcements:	
In Loving Service,	

Living Clean	Voting
Donation:	\$240.30
Literature:	\$85.70
Special Needs:	None
Announcements:	Heather celebrates 4 years 5/21 Hunter D celebrates 1 year
In Loving Service,	Jake E

MFS	
Donation:	
Literature:	
Special Needs:	
Announcements:	
In Loving Service,	

Miracles Happen	Voting
Donation:	\$75
Literature Order:	\$0
Special Needs:	None
Announcements:	None
In Loving Service,	Nancy W

Moment of Clarity	Voting
Donation:	\$40
Literature Order:	\$66.52
Special Needs:	None
Announcements:	None
In Loving Service,	Andrew C

MONA	Reporting
Donation:	\$25
Literature Order:	\$52
Special Needs:	None
Announcements:	None
In Loving Service,	Zach C

New Connections	
Donations:	
Literature Order:	
Special Needs:	
Announcements:	
In Loving Service,	

No Matter What	Reporting
Donation:	\$91.85
Literature Order:	\$183.70
Special Needs:	None
Announcements:	Perry celebrates 1 year 5/26
In Loving Service,	Matthew C

No Strings Attached	Voting
Donation:	\$0
Literature Order:	\$200

Special Needs:	None
Announcements:	None
In Loving Service,	Brett H

Not High Noon	Voting
Donation:	\$10
Literature Order:	\$0
Special Needs:	None
Announcements:	None
In Loving Service,	MArgaret G

On Our Way	
Donation:	
Literature Order:	
Special Needs	
Announcements:	
In Loving Service,	

Outside the Walls	
Donation	
Literature Order:	
Special Needs:	
Announcements:	
In Loving Service,	

RAW Recovery	Voting
Donation:	\$0
Literature Order:	\$193.74
Special Needs:	None
Announcements:	None
In Loving Service,	Stacey T

Recovery Rockstars	Voting
Donation:	\$94.40
Literature Order:	\$105.60
Special Needs:	None
Announcements:	All is well at Recovery Rockstars. averaging 10-20 a week.
In Loving Service,	Chris C

Riverside Recovery	
Donation:	
Literature Order:	
Special Needs:	
Announcements:	
In Loving Service,	

Serene Recovery	
Donation:	
Literature Order:	
Special Needs:	
Announcements:	
In Loving Service,	

Serenity of Farmville	
Donation:	
Literature Order:	
Special Needs:	
Announcements:	
In Loving Service,	

Show Me How To Live	
Donation:	
Literature Order:	
Special Needs:	
Announcements:	
In Loving Service,	

Simplicity	Voting
Donation:	\$80.46
Literature Order:	\$82.54
Special Needs:	None
Announcements:	Chris T celebrates 41 years 5/31
In Loving Service,	Kyle W

Spiritual Sisters	Voting
Donation:	\$57.80
Literature Order:	\$27.20
Special Needs:	None
Announcements:	Spiritual Sisters has moved into the fellowship hall at Bon Air Methodist Church
In Loving Service,	Sarah K

Start Living	
Donation:	
Literature Order:	
Special Needs:	
Announcements:	
In Loving Service,	

Strength In Diversity	Voting
Donation:	\$65.25
Literature Order:	\$0
Special Needs:	None
Announcements:	Mey C celebrates 1 year 5/24
In Loving Service,	Adam B

Sunday Hope	Reporting
Donation:	\$30.40
Literature Order:	\$189.60
Special Needs:	None
Announcements:	None
In Loving Service,	Tonya

Survivors	Voting
Donation:	\$244
Literature Order:	\$150
Special Needs:	None
Announcements:	Jamie A celebrates 8 years 6/7 Steven W celebrates 3 years 5/24 Kim F celebrates 20 years 6/28 Tylean C celebrates 2 years 6/14
In Loving Service,	Robert C

Together We Can	
Donation:	
Literature Order:	
Special Needs:	
Announcements:	
In Loving Service,	

Together We Grow	
Donation:	
Literature Order:	
Special Needs:	
Announcements:	
In Loving Service,	

Veterans In Recovery	Voting
Donation:	\$0
Literature Order:	\$304.70
Special Needs:	
Announcements:	We meet Tuesday at 8pm 2300 Dumbarton Rd averaging 90-115 a week. Jules C celebrates 1 year 6/6

In Loving Service,	Oley O
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Visions Without Limits	Voting
Donation:	\$0
Literature Order:	\$0
Special Needs:	None
Announcements:	None
In Loving Service,	Ben F

Walking the Walk	Reporting
Donation:	\$1.60
Literature Order:	\$48.40
Special Needs:	Need support at meetings Fridays 5:30 Parham Baptist Church
Announcements:	None
In Loving Service,	Karen W

We Do Recover in King William	
Donation:	
Literature Order:	
Special Needs:	
Announcements:	
In Loving Service,	

Who's An Addict	
Donation:	
Literature Order:	
Special Needs:	
Announcements:	
In Loving Service,	

Roll call by Vice Chair to establish quorum:

Voting GSR's Present: 22

Quorum: 21

March 2023 Minutes **APPROVED**

April 2023 Minutes **APPROVED**

Old Business:

Motion 3-23-1

Motion: Add an Appendix to the NDANA Policy that would provide guidance on how to submit a bid to the VRCC to host the AVCNA

Intent: To ensure that the Bid Committee has a clear understanding of how to create a successful bid that will ensure that NDANA has the best possible chance to be awarded the opportunity to host the AVCNA.

Made by: AD HOC VRCC Subcommittee

Seconded by: Whitney F.

Appendix Contents:

“Steps for submitting a bid to the VRCC to host an upcoming AVCNA:

1. A motion must be created to ensure that that $\frac{2}{3}$ of all home groups agree to support a bid to host an AVCNA, and in the case of being awarded the bid, commit to doing the work to host a convention.
2. If approved, the NDANA chair will appoint an AD HOC chairperson to create the bid. Typically, a smaller team of 2-3 people is sufficient to create a bid, but the AD-HOC chair will remain the single point of accountability.
3. The AD HOC Bid Committee is responsible for creating a bid per the current VRCC Bid Guidelines. A current copy of these bid guidelines can be obtained from VRCC Director or VRCC.”

OUTCOME: **PASSED**

Elections:

Policy Chair- Ben F nominated by Oley, seconded by Robert C **PASSED BEN F POLICY CHAIR**

Policy Subcommittee Chairperson Qualifications

- i) Suggested 2 years clean time
- ii) Has the willingness, time and resources to serve
- iii) Working knowledge of the Twelve Steps, Traditions and Concepts of NA
- iv) Previous experience serving on the Policy Committee

dd) Policy Subcommittee Chairperson Responsibilities

- i) Gives verbal and written report at ASC and if unable to attend the ASC sends someone - preferably a committee member - to the ASC with one
- ii) Advises ASC participants on NDANA policy
- iii) The Policy committee will convene at 3pm before ASC each month. Anyone wishing to discuss possible motions for submission to the ASC are invited to attend this meeting or if any GSRs or GSR Alt.'s or others wanting to learn more about ASC policy or procedures are also invited to attend these meetings
- iv) Receives “New Business” motions from ASC participants during the ASC meeting and reviews them for clarity and affected Policy
- v) The NDANA Policy Committee funds may also be used to hold policy workshops

New Business:

Motion 5-23-1

Motion: To change the term of service for the VRCC Director and VRCC Alternate Director to two years of service.

Intent: To allow incoming VRCC Directors and Alternates time to learn their roles and responsibilities more effectively.

Made by: Erin M

Seconded by: Oley O

Comment: 6 of the 7 directors reported a term of two years for both their alt and director positions.

Regional Motions:

None at this time.

Money Matters:

None at this time.

Open Forum:

Pam K: A lot of GSRs reporting and not voting, we could have conducted business last month had GSRs decided to stay and vote. Strongly suggests that GSRs and Homegroups bring their consensus to Area and vote on business.

Straw Poll: Purchase a scanner from the bank in order to deposit money quickly and efficiently:

- One time fee of \$75
- Monthly service fee \$35
- Transaction fees may apply based on account type
- Scanner can be purchased starting at \$350
- Scanner can be leased options start at \$14 per month

Announcements:

NDANA has won the bid for 2024 AVCNA!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!

New Home Groups

N/A

ASC next meeting is June 11, 2023 3:30pm

Meeting closed with the Serenity Prayer.