

## Service Opportunities

**Chairperson** sets agenda for and presides over all subcommittee meetings.

**Vice Chairperson** will assist and preside over all subcommittee meetings in the absence of the Chairperson plus monitor facilitators.

**Secretary** takes accurate minutes and reports at each subcommittee meeting.

**Literature Coordinator** orders and distributes NA approved literature

**Facilitator** is a member of H&I who takes meetings into facilities where addicts cannot get to an outside meeting. Member needs at least 9 months clean time.

**Speaker** is a member of the fellowship who is invited to share at a meeting. Member needs at least 6 months of clean time.

## Service Meetings

New Dominion Area H&I 2nd  
Sunday - 2:00 PM - Hatcher at 2300  
Dumbarton Rd Richmond 23228

Richmond Area H&I - 2nd and 4th  
Sundays - 2:00 PM –at 1205 W.  
Franklin Street Richmond 23220

Tri-Cities Area H&I – 1st Sunday -  
1:00 pm at Highland United  
Methodist Church, 125 E Westover  
Avenue, Colonial Heights, Va.  
23834

## Hospitals & Institutions Committee of Narcotics Anonymous

New Dominion, Richmond  
&  
Tri-Cities Areas



Helpline – 804.965.1871  
Website: [www.rvana.org](http://www.rvana.org)

## What is an H&I Meeting

The purpose of an H&I meeting is to carry the message of recovery to addicts who do not have full access to regular Narcotics Anonymous meetings. H&I meetings, except for those in long-term facilities, are intended to introduce those addicts in attendance to the basics of the NA program.

### Hospitals & Institutions

We carry the NA message to:

- Chesterfield Jail (Men)
- Chesterfield Diversion (Women)
- CVCU Camp 13 (Women)
- Deep Meadows (Men)
- The Healing Place (Men)
- James River Juvenile (Men & Women)
- Parham Doctors (Men & Women)
- Tuckers Sunday (Men & Women)
- Tuckers Wednesday (Men & Women)
- VCBR (Men)
- VCCW Goochland (Women)

## How do members get involved?

We know that active addiction leads to jails, institutions, and death. Also, NA's primary purpose is to carry the message of recovery to the addict who still suffers. An area H&I subcommittee is the center for planning and organization. This is the ideal place to start getting involved! The first thing to do is to show up at an area H&I subcommittee meeting and attend an orientation workshop or learning day for new and interested members. These orientation meetings help members become familiar with the information and clean time requirements necessary for service in H&I. At these meetings, members are selected to carry our message into facilities. Usually, the next step is to attend an H&I meeting as an observer. Through this process members gain a basic understanding of H&I service and decide on a level of involvement. Hospitals and institutions service offers addicts an opportunity to demonstrate gratitude, fulfill the responsibility, and share the NA message without expectations. It is also an effective tool that helps us stay clean, and keeps us coming back. The H&I message is the same as the NA message: "That an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live."<sup>1</sup> The gift we share is hope and freedom from active addiction through the program of Narcotics Anonymous. Any NA member who wants to carry this message is encouraged to get involved with H&I service.

## How does the work get done?

An H&I meeting is generally a service provided by an area service committee such as the H&I subcommittee. These meetings occur in hospitals, treatment centers, correctional facilities, and adolescent institutions. Rather than being an NA group, it is vital that an H&I meeting always be held under the direction of an H&I subcommittee. These meetings are facilitated by an H&I member who has been trained by H&I, received the security clearances required by the institutions.

### Hospitals & Institutions

We carry the NA message to:

- Central State Hospital
- New Kent Men
- Riverside Regional Jail
- Rubicon Women
- Rubicon Men
- Richmond City Jail Women
- Richmond City Jail Men