

## Homegroup Countdown

1979-1983

1979 Survivor's Group  
1980 Clean Connection Group  
1981 Church Hill Group  
1982 Staying Clean Group  
1982 Feelings Group  
1983 Clean & Serene Group

1984-1990

1984 Fan Club, Winner's Circle Group  
1984 Shot of Hope Group  
1985 Easy Pace/Stepping Out Group  
1985 Long Haul Group  
1985 New Beginnings Group  
1985 Why Are We Here Group  
1986 Gratitude Group  
1986 I Can't, We Can Group  
1986 Monday Reality Group  
1987 We Do Recover Group  
1989 Clean Air Group  
1989 White Flag Group  
1990 MFS Group

1991-1999

1991 Positive Thinking Group  
1991 Friday Feelings Group  
1991 Sunday Basic Text Study Group  
1992 Good Orderly Direction Group  
1992 More Will Be Revealed Group  
1992 Not In The Fan Group  
1992 Sunday Spiritual Group  
1993 Courthouse Freedom Group  
1993 It Works How & Why Group  
1994 What Can We Do Group  
1994 Atmosphere of Recovery Group  
1995 Keep Coming Back - North Group  
1995 For the Newcomer Group  
1996 Hope Fiends Group  
1998 No Strings Attached Group  
1998 New Birth Group  
1999 Blackwell Recovery Group  
1999 Rainbows End Group  
1986 Monday Reality Group  
1987 We Do Recover Group  
1989 Clean Air Group  
1989 White Flag Group  
1990 MFS Group  
1998 More Will Be Revealed Group  
1998 New Birth Group  
1998 Sunday Basic Text Study Group  
1999 Blackwell Recovery Group  
1999 Rainbows End Group  
1999 Not In The Fan Group

2000- Present

2000 East End Men's Rap Group  
2001 TGIF Group  
2002 Grateful Heads Group  
2002 High Hopes Group  
2002 TAPS Group  
2002 Simple Basics of Recovery Group  
2002 In The Solution Group  
2002 Ties That Bind Group  
2003 Another Look Group  
2003 Riverside Recovery Group  
2003 Growing in Recovery Group

## Homegroup Countdown

2000-Present con't

2003 Never Alone Group  
2003 Promise Group  
2003 Facing Illness & Injury Group  
2003 Mid-Day Hope Group  
2003 Open Minds Group  
2004 Back To Life Group  
2005 On our Way Group  
2005 NA Sisters in Stride Group  
2005 Wakeup Call to Recovery Group  
2006 Inside Hope Group  
2006 Into The Light Group  
2006 Just Steppin' Group  
2006 Spiritual Connection Group  
2006 We Women Do Recover Group  
2006 Freedom Group  
2007 Not High Noon Group  
2008 HOW Group  
2008 Let the Healing Begin Group  
2009 Together We Can Group  
2009 Surrender Now Group  
2010 Just For Today Group  
2010 No Matter What Group  
2010 Serene Women Group  
2010 Sunday Hope Group  
2010 End of the Road Group  
2011 Basic Text Recovery Group  
2011 Vision without Limits Group  
2011 Living Clean: The Journey Continues Group  
2012 Powhatan Hope Group  
2013 Living Clean Group  
2014 Conscious Effort Group  
2014 Keeping The Faith Group  
2014 New Connection Group  
2014 Midnight Madness Group  
2014 The Message is Hope Group  
2015 Living in the Solution Group  
2015 RAW Group (Recovery at Work)  
2015 Young People Group  
2016 Keeping It Simple Group  
2016 Mona Group  
2016 Without Parallel Group  
2016 Stepping on Sunday Group  
2016 Recovery From Within Group  
2017 K.I.S.S. Group  
2017 Show Me How to Live Group  
2018 Another Chance Group  
2018 Back Door Group  
2018 Crossroads Group  
2018 Friday Night Alive Group  
2018 Journey Continues Group  
2018 Miracles Happen  
2018 Recovery Rockstars Group  
2018 Serenity of Farmville Group  
2018 In Times of Illness Group  
2018 Southside Recovery Group  
2018 Saturday Night Live Group  
2019 Gifts of Recovery Group  
2019 Good Morning Group  
2019 Simplicity Group  
2019 Wild About Recovery  
2019 Breaking Chains Group  
2019 Freedom to Live Group

40 Years  
of  
NA Gratitude

May 18, 2019

New Dominion  
Richmond  
TriCities



Helpline – 804.965.1871  
Website: [www.rvana.org](http://www.rvana.org)

## Program

### 12:00 to 12:15

Kick off: Purpose & Review Agenda  
General guidelines & housekeeping  
Selected Readings

### 12:15 to 1:15

Speakers from 2000 to Present

1:15 to 1:30 —Break

### 1:30 to 2:30

Speakers from 1991-1999

2:30 to 2:45 —Break

### 2:45 to 3:45

Speakers from 1984 – 1990

3:45 to 4:00 —Break

### 4:00 to 5:00

Speakers from 1979 – 1983

### 5:00 to 7:00

Fellowship, Dinner &  
Home Group Count Down

### 7:00 to 8:00

Panel with Q&A

8:00 to 8:30 --Break

### 8:30 to 11:00

Dance & Clean-Time Countdown

## NA History in Richmond, VA

The first Narcotics Anonymous (NA) meeting occurred in either April or May of 1979 in the City of Richmond Virginia. The addicts who formed the area's first NA group received NA approved literature for their initial recovery meeting from another addict traveling through town. The traveling addict's goal was to start an NA recovery meeting in Virginia Beach. This founding group of addicts believed their survival depended on meeting regularly to share with one another about their experience, strength, and hope. Their primary purpose was to stay clean. Thus, the need to start a Narcotics Anonymous recovery meeting became their goal. They named that meeting the "Survivors Group" to reflect its importance. In 1979, the first and oldest meeting in the City of Richmond was formed.

In the early days of the NA fellowship, addicts had to go to Alcoholics Anonymous (AA) meetings if they wanted to do "30 and 30" or a "90 and 90". There were not enough NA meetings to make one each day of the week. However, NA members were a tight group and went to the same AA meetings together. Members identified themselves as "addicts" and sought fellowship together by making the "meeting after the meeting". These addicts recognized how important fellowship with one another was. Old timers recollect that it was usual to go to Aunt Sarah's restaurant after the meeting. "The unity that supports our common welfare is created not only by working together, but also by playing together." *It Works Tradition 1*

By 1982, there were four NA meetings in Richmond, VA. They were Monday at McGuire Veterans Administration, Wednesday Survivors, Candlelight Friday at VCU parish house, and Sunday night at the Holiday Inn on Franklin Street just past Belvidere Street. Petersburg started the Feelings Group in early 1982.

The second Annual Virginia Convention of Narcotics Anonymous (AVCNA) was in Hampton VA in 1984. Addicts from Richmond, Petersburg, and Chesterfield attended and learned more about the World Service Structure. The local fellowship

started to review the service structure to help promote the NA Traditions, and to carry the message to the addict who still suffered. Service work began to flourish as an important part of our recovery.

The Richmond Area Service Committee of Narcotics Anonymous reformed in 1983 after an initial start in 1982. In December 1983 Tri-Cities formed their Area Service Committee

The Annual Virginia Convention of Narcotics Anonymous (AVCNA) held its third convention in Richmond in 1985, which greatly contributed to a surge of new meetings in the city. By 1985, World Service, with the approval of the fellowship, published the third edition of the Basic Text.

Ten NA groups were carrying the message in the area by the close of 1985. The area's H&I subcommittee delivered NA services to three treatment facilities by 1985. Thirteen NA meetings existed by December 1986.

The fellowship in NA was growing. Addicts began to open meetings in different locations outside of the Richmond City Limits including Southside, Chesterfield, and Petersburg. The New Dominion Area Service formed in May 1996 and Hope Fiends was the first meeting formed under this Area Service.

The three areas came together for a unified Public Relations (PR) Committee in 2009. The unified PR committee collaborated on a single meeting schedule and help line phone commitment. They developed a unified web site address that keeps the fellowship informed about events. This unified subcommittee still functions today to serve our primary purpose.

Another nineteen groups were formed between 1986 and 2000. Since 2000 the message is being carried throughout another seventy-seven meetings. Now, we have 102 groups bringing 142 meetings weekly to the Richmond metropolitan area.

"Our primary purpose should come first; personal recovery depends on NA unity." Tradition One