**New Dominion Area Service Minutes**

**July 13th, 2014**

1. Meeting opened with Serenity Prayer 7/13/2014 @ 4pm
2. Purpose of NA read by Matt G.
3. Traditions of NA read by Robert W.
4. 12 Concepts of NA Service read by Tom B.
5. Attendance

a) **Roll Call**. Quorum met with 15 voting and 12 reporting GSR’s.

b) **Minutes Approved=** 15 passed

c) **Address new meetings**-

- None

d) **Call for New Motions** to Policy to be given to Policy Subcommittee Chair.

1. **Executive Committee Reports**

**CHAIR**- Hello All. Thank you for this opportunity to serve. ILS, Tracy N.

**VICE CHAIR**- All is well. I apologize for not being at area service last month. I had a medical emergency requiring treatment. Thanks for allowing me to serve. ILS, Walter B.

**TREASURER**-We currently have $6204.74 in the checking account; after backing out accrued budgets and prudent reserve, we are not in a position to make a contribution to region at this time, but are still on track to make one at year's end.

ILS,

Brian C.

NDANA Treasurer

**SECRETARY**- All is well. Brandy B.

1. **Group Reports**

**ANOTHER LOOK- Absent.**

**BASIC TEXT RECOVERY**- All is well at Basic Text Recovery. We are a basic text topic discussion meeting that uses our basic text as our principal recovery guide. We meet every Tuesday night @6:30 @ The Church of the Holy Comforter on the corner of Monument and Staples Mill Rd. We had 121 addicts with 11 of them being newcomers this month. We average around 24 recovering souls a week. Please come join us this Tuesday the 15th as one of our home group members, Trever D., will be celebrating 6 years of recovery. Donation $100.00. ILS, Chris P.

**CONSCIOUS EFFORT-** All is well with A Conscious Effort. Average attendance is 30-35. We have a $100.00 donation this month. ILS, Jesse R.

**CHANGES IN ATTITUDE- Absent**

**COURTHOUSE FREEDOM**- All is well at Courthouse Freedom. We are still meeting regularly/ weekly Friday night 8pm at Central Baptist Church located at Powhite Parkway and Courthouse Road. We average 15-30 addicts a week with newcomers showing up all the time and have two new home group members. Donation of $25.00. ILS, Bryan S.

**FAN CLUB/ WINNER’S CIRCLE-** **Absent.**

**GROW OR GO**- All is well at the “Grow or Go” Home group. WE meet every Tuesday from 6:30- 7:30 p.m. at the SAARA Center and have an average attendance of 17 addicts seeking recovery. We have no special needs at this time. Donation $20.00. ILS, John H.

**GRATITUDE-** WE meet every Monday at 7:30 pm. We have an average group of 20-30 addicts and all is well. Donation $60.00. ILS, Joe F.

**HIGH HOPES**- All is well at High Hopes. We meet at 7:30 to 8:30 p.m. every Thursday at Cool Springs in Mechanicsville. Average attendance is about 20 people each week, many of whom are newcomers. We are a rotation format. We have a donation of $41.25. ILS, Carol C.

**HOPE FIENDS**- Hope Fiends meets Thursdays in Midlothian at 8pm at Mt. Piska Church in the fellowship hall. Attendance is light but we are starting to plan for our fall Brunswick stew and campfire in October. More will be revealed. ILS, Tim C. Alt. GSR.

**HOW**- All is well at HOW. We meet on Sundays from 7-8 pm at St. Francis Hospital in the Assissi Room. Our attendance is relatively sporadic, ranging from 8-15 addicts. Our format rotates each week but always includes a reading of a piece of NA approved literature, all 12 steps and the Living Clean book. Donation $46.00. ILS, Gary F.  
 **I CAN’T WE CAN**- All is well at I can't we can, I am the new GSR. We meet every Friday night at 8pm at Westminster Presbyterian Church on the corner of Monument and Malvern. We are averaging 40 to 50 addicts a week. An addict by the name of Marnie will be celebrating 7 years of recovery on August 8th. We have no special needs at this time and have a donation of $115. ILS, Robert W.

**INSIDE HOPE-** Good Afternoon. All is well at Inside Hope. We are a speaker meeting that meets on Saturdays at 6:30 p.m. in the Henrico County Jail lobby. Attendance is steady at about 30 addicts per week. We are always looking for addicts who want to share their experience, strength and hope. Contact me or any of our home group members if you are willing. ILS, Alvin T.

**INTO THE LIGHT-** All is well at Into The Light. We meet every Wednesday at 7:30pm in St. Mark’s Church. Round robin format and we have 25-35 addicts a week. We have no special needs at this timed. Donation $54.40. ILS, Norman.

**IT WORK’S HOW AND WHY**- All is well at It Works How and Why. We meet at 8:00 PM Sunday nights at the Hibb’s Building, Room 403 on VCU campus. Every 12 months we go through the 12 steps and 12 traditions and various other readings. We have around 35 addicts attending. Our donation this month is $50.00. ILS, Charles H.

**JUST FOR TODAY**- Just for Today meets every Monday night at 7pm at Bellwood Baptist Church located at I95 and Willis Road. We have been averaging 20 addicts and had 50 turn out for our open house. Thanks to all who attended. We have no special needs at this time. No donation. ILS, Brian M.

**JUST STEPPIN**’-JUST STEPPIN’- All is well at Just Steppin'. We are an open discussion meeting of Narcotics Anonymous. We meet every Monday night from 7 to 8 pm here at Hatcher Church. We use a rotating format. Average attendance is about 50 addicts. We could use some home group members as membership has dwindled in recent months. After literature costs, our donation to area this month is $58.25. ILS, Mary J.

**KEEPING IT SIMPLE**- This group continues to need support. We meet Wednesdays at 5:30pm at the SAARA Center 306 Turner Road Suite C. We are a It Works How and Why text study meeting. No donation. ILS, Walter B.

**Keep Coming Back- Absent.**

**LET THE HEALING BEGIN-** Good afternoon family! Our 7th annual Summerwood 2014 event was a huge success! WE had 70 people attend. The weather was perfect, food was great, and everyone enjoyed swimming, fellowshipping, and having fun. Thanks to all who served and participated. We look forward to holding this event again next year July 11th, 2015. The Let the Healing begin meeting meets every Thursday night, 7:30pm at 7700 Woodman Road. ILS, Russell N.

**LIVING CLEAN-** All is well at Living Clean. We average 10 to 15 addicts a week. We have a donation of $100.95 this month. ILS, Joel H.

**MFS**- All is well at MFS. High meeting attendance averaging 20-30 addicts. We meet every Monday from 8-9 pm at Ridgefield and Gayton. No special needs. Donation $60.00. ILS, Allan H.  
 **NO MATTER WHAT-** All is better at No Matter What. We continue to average 30 addicts. We meet Friday’s at 8pm at Hatcher. Donation $50.90. ILS, Matthew D.

**NO STRINGS ATTACHED**- Attendance is low, we need females. We meet on Tuesday’s at 7pm. Donation $100.00. ILS, Arnold S.

**NOT HIGH NOON**- All is well at Not High Noon. We meet every Mon-Thurs. at Family Counseling Center For Recovery on Southlake Blvd at 12:15- 1:15pm. We are a literature based meeting. Our average attendance is around 15 addicts. We have a $108.00 donation this month and no special needs. ILS.

**ON OUR WAY-** On our way is doing well meeting every Thursday at 6pm with an average3 of 20-30 in attendance. Today we are donating $46.09. To the area. We always welcome new home group members. ILS, Mike S

**PUH**- Our GSR is out of town again =(.

Our home group is still growing. We do not have a donation at this time, our box was not locked and had the 7th tradition money stolen from it.

ILS

Sam F

**RIVERSIDE RECOVERY**- All is well at the River. Riverside recovery is a Just For Today meditation text study group. We meet every Sunday at 10 am at Pony Pasture. We are a book study and topic meeting based on a daily meditation. We average 8-15 addicts. Bring a chair and share your experience, strength, and hope with us. ILS, Walter B. Donation $50.00.

**SATURDAY NIGHT MEN’S GROUP- Absent.**

**SHARE**- Share meets Tuesdays at 8pm and Lakeside United Methodist Church. Last meeting $1.43 was donated. Attendance is down because of Summer time. We need people- support- please and tell your friends. Couch meeting. ILS, Elizabeth J.

**SPIRITUAL CONNECTION**- All is well at spiritual connection. We meet every Saturday at 6:30- 7:30pm. At Johnston Willis Hospital. We have 20-30 addicts in attendance and no special needs at this time. Donation $124.00. ILS, Becca E.

**A SPIRITUAL SOLUTION- Absent.**

**SUNDAY HOPE**- **absent.**

**SURVIVOR’S**- All is well at Survivor’s. We still meet every Wednesday night at St. Mark’s on the Boulevard at 8pm. We are currently looking for some reliable home group members that are willing to serve. We have a donation of $122.55. ILS, Stephanie H.

**SERENE WOMEN-** **Absent.**

**TAPS- absent**

**TOGETHER WE CAN**- **Absent**

**VISIONS WITHOUT LIMITS-** All is well at Visions Without Limits. We meet every Wednesday night at 7pm at the Sophie House at Mt. Vernon Baptist Church on Nuckols Road. WE average3 around 15 people at our meetings. WE are making a donation of $26.20 with a literature order of $47.00. ILS, Matt G.

**WE WOMEN DO RECOVER**- **absent**.

1. **Subcommittee Reports**

a) **Public Relations**- All is well in public relations. We have not been able to switch our phone line service provider yet. We have had some issues with our providers porting over our existing phone number.

ILS

Sam F

b) **Hospitals and Institutions**- All is well with H $ I. It is with extreme sadness that I report to you all the closing of Willow Oaks. This facility will be missed dearly. However, we still need all the help we can get. Thanks to everyone for their hard work. ILS, Butch N.

c) **Literature**- Hello family. All is well with Literature chair this month. I want to thank everybody who placed their orders early this month this helped me out greatly. If there is still anyone who has not been able to get my information to contact me please see me after ASC. ILS, Tina S.

d) **Policy**-All is well in the policy committee. I'm currently combing through the policy handbook correcting minor typos and such. I apologize for missing ASC as I have a prior engagement providing child care at church camp.

In Loving Service,

Carl P

e) **Special Events**- There are lots of people throwing ideas my way but as usual nobody showing up to the special events meetings. I did have someone call almost every pool in the area and the cost of the few places that will let us have one make having a pool party prohibitive. We will however have Recovery Games in September. Kind of like Hunger Games except the participants don’t die. Flyers will be out soon but I am missing some vital information right now. DJ and Band have been booked for New Years Eve. If you all want the event to happen we need committee members. ILS, Tom B.

f) **ECCNA HOST COMMITTEE-** The East Coast Convention of NA was a huge success. The host committee would like to extend a sincere thank you to NDANA for the awesome support that has been shown from the beginning of our efforts to bring this convention to the state of VA. From the help with the fund raising (spiritual breakfast, Golf Tournament, Etc.) to the people volunteering their time to help with the planning and also everyone who showed up to the convention. Also, I would like to thank the other areas who helped to make this possible. Beach area, Peninsula area, Richmond area, and Tricities Area. I would to thank NDANA for the opportunity to serve as the rep. for our area. It was a great experience to say the least. We would also like to thank the college of William and Mary for their hard work and hospitality. We don’t have final numbers on how much we raised yet still waiting on a final bill from William and Mary. We will have one more meeting as a host committee and hopefully have that for you next month. But I am sure it is a bunch of basic text. ILS, Butch N.

g) **Campout-** All is well. We are looking into changing campsites. We need help from GSR’s to spread the word that we need participation in the committee. It is also time or me to step down as chair although I love being a part of the campout and am willing to continue if needed. So please go back to your home groups and let them know. Also, the next meeting is set for Saturday 8/9/14 at 5:30pm at Johnston Willis Hospital at Spiritual Connection meeting room. For more information contact me at 804-972-1418 or [jjcfscull@gmail.com](mailto:jjcfscull@gmail.com). ILS, Jeff S.

h) **Outreach- outreach committee report:**

All is well so far, I’ve been hitting as many New Dominion meetings as I can in an effort to see how each one is doing as far as size, distance, dynamics, and possible needs. It’s been a lot of fun meeting so many new members! So far I have discovered that "the king William group" at 7:30pm on Thursday at 1041 Sharon rd., no longer meets. I had a brief talk w/ the woman who works at the facility where the meeting was held and she expressed an interest in starting the group back up and after explaining how I could help w/ that, I left my name and phone number w/ her. I also made a trip upon another member's request to the "NA way of life" meeting at 12211 iron bridge rd. in Chester, to see if it was still going on and I was introduced to a woman from "gathering grounds ministry" who informed me that the chairperson for that meeting stopped showing up about 6weeks ago. Once again I left my name and number after she expressed a desire to continue having the meeting in that location. the literature still remains, in my humble opinion they need a few people to take turns chairing until the meeting is strong enough again for other members to step in on a home group basis. Other than that I met the chairperson for the Richmond area outreach subcommittee and I am going to be attending a few of their subcommittee meetings in an ongoing effort to learn new and more efficient was to serve our area and Narcotics Anonymous. Thank very much for the chance to be a part of this committee and allowing me to serve Narcotics Anonymous—Neill C.

1. **VRCC-** The VRCC will meet next Sunday in Charlottesville, Va. Work is being done for January’s 33rd ACVNA in Lynchburg. We should be receiving and discussing bids for the 34th AVCNA. If the New Dominion area is proposing to host the 34th, our bid should be submitted then. ILS, Mike M.
2. **VRCC Alt.**- absent

J) **RCM**- Hello Family,

The 168th RSC was on June 21, 2014 in Charlottesville VA.

Elections & Nominations

• Public Relations - Etta F. voted in by acclamation.

• Vice Treasurer – no nominations (nominations opened at the 163rd) – Send to Areas for Nominations

• Ad-Hoc Traditions Workbook Review Chair – no nominations – Send to Areas for Nominations

Old Business:

a. At 168th, we took a roll call vote to determine how Areas voted on item 165-3 at RSC 167:

Yay: New Dominion, Roanoke Valley, Peninsula, Roanoke, Tri-Cities, Rappahannock and Richmond

Nay: Almost Heaven, Piedmont, Shenandoah and Southside

New Business:

a. Established an ad-hoc subcommittee to do a Literature Review for Traditions Workbook Review. (Unanimous)

The World delegates were not present at the past RSC but will be presenting the report in October. There is a lot of information from world that is in the minutes on the carna site (car-na.org)...the click on "for more information at the bottom then follow the "minutes" link at the top of the page.

Next RSC will be held in Charlottesville, VA on August 16th

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ILS Robert W

k) **RCM Alt**. – **POSITION OPEN.**

l) **TRADITION BOOK AD-HOC COMMITTEE**- Due to very low attendance (one addict arriving 1/2 way through) I feel like our workshop is not needed/wanted. If the area wishes to continue we can input directly into http://www.na.org/traditions

In loving service

Richard S

m) **34TH AVCNA HOST COMMITTEE-** Committee has chosen the convention center and Marriott Hotel. Our second choice was the Doubletree on Midlothian Turnpike. We also decided that Hilton in Downtown Short pump $139 a night, was out of touch. I will take a bid to VRCC next Sunday. If we get it, I will bring flyers to August ASC and inform area when elections are scheduled. ILS, Jimmy B.

**Quorum Check** - met with 15 voting GSR’S.

1. Call for Policy Chair to bring new motion’s to Chair.
2. **Money Matters**- none.
3. **Old Business**- n/a

1. **New Business**

a) **RCM Alt.** Stephanie H. voted in by acclimation.

b) **CAMPOUT SUBCOMMITTEE CHAIR POSITION OPEN. TAKE BACK TO YOUR HOME GROUPS**

c) **MOTIONS:**

1) 7-1 MOVER- Jimmy B. SECONDER- Robert W. MOTION: To reimburse VRCC Director and Alt. Director up to $40 for travel expenses to bi-monthly meetings. INTENT: To keep in line with area policy reimbursing RCM. 15/0/0 Motion Passes.

2) 7-2 MOVER- Jimmy B. SECONDER- Robert W. MOTION: To select the Marriott Hotel and Richmond Convention Center as the 1st choice to host the 34th AVCNA in January 8-11, 2016. INTENT: To propose to VRCC to host the convention in 2016. Recommended by the Ad-hoc Committee. 15/0/0 Motion Passes.

1. **Open Forum**- The traditions workshop no longer exists.

* **There is a TYPO IN THE MEETING SCHEDULE BETWEEN FRI-SAT. ALSO ANOTHER TYPO IS THE WOMEN’S MEETING “SISTER’S WITH A SHOT” ON 3RD STREET IS NOW OPEN TO EVERYONE, NOT JUST WOMEN. RICHMOND AREA MEETING.**

1. **ANNOUNCEMENTS-**
2. **THE RECOVERY GAMES ARE COMING IN September! GET YOUR TEAM OF 4 READY!**
3. **BRANDY B. IS CELEBRATING 1 YEAR AT I CAN’T WE CAN ON AUGUST 1ST.**
4. **CHRIS A. IS CELEBRATING MULTIPLE YEARS THIS WEDNESDAY NIGHT AT SURVIVOR’S.**
5. **ED C. IS CELEBRATING 30 YEARS THIS WEDNESDAY AT INTO THE LIGHT.**
6. **NORMAN IS CELEBRATING 2 YEARS AT INTO THE LIGHT ON AUGUST 6TH.**
7. **DAN T. IS CELEBRATING 2 YEARS ON 8/10/14 AT RIVERSIDE RECOVERY.**
8. **TRACEY N. IS CELEBRATING MUTLIPLE YEARS AT VISIONS WITHOUT LIMITS ON 7/14/14.**

**- MEETINGS THAT NEED SUPPORT-**

a) **A SPIRITUAL SOLUTION- meets Sundays from 2-3 PM at Lewis ginter rec. association 3421 Hawthorne Ave. Richmond. Needs support in attendance from everyone.**

b) **COURTHOUSE FREEDOM needs support. They meet on Friday nights at the central Baptist church annex building, 1500 courthouse road.**

c) **KEEPING IT SIMPLE**- **meets Wednesday’s at 5:30pm. SAARA Center. 306 Turner Road, Suite L., @ Midlothian Tnpk. NEED HOMEGROUP MEMBERS!**

**d) S.H.A.R.E- Needs home group members. They meet every Tuesday at 8pm at Lakeside United Methodist Church, 2333 Hilliard Road.**

**e) CHANGES IN ATTITUDE- Meets Wednesday’s at 7pm at Welbourne United Methodist Church, 920 Maybeary Drive @ Patterson Avenue, 23229. They need support in attendance.**

**f) NOT HIGH NOON- needs support on Wednesdays.**

**g) Saturday night men’s group is now open to women!!**

**h) NO STRINGS ATTACHED- meets at 7pm at the Henrico mental health building, 10299 woodman road.** Needs female support.

- **OTHER THINGS TO ANNOUNCE AT YOUR HOMEGROUPS!!**

**- CAMPOUT COMMITTEE NEEDS A NEW CHAIR PERSON.**

**- H & I SUB COMMITTEE CAN ALWAYS USE HELP**

**- SPECIAL EVENTS SUBCOMMITTE NEEDS SUPPORT. They meet at 3pm before asc on the 2cd Sunday of every month. Tom b.'s email address is tomisachef@yahoo.com.**

**MEETING CLOSED WITH SERENITY PRAYER AT 5:06 PM.**