

NDANA Area Service Meeting Minutes for March, 2017

Open with Serenity Prayer: March 12, 2017, 3:32pm

Purpose read by: Kate G.

Twelve traditions read by: Ginny T.

Twelve concepts read by: Lee S.

Updated Subcommittee Points of Contact:

Subcommittee Name	Name	Email	Phone #
PR	Jimmy G.	j.r.giles01@gmail.com	757-597-8368
Outreach	Craig R.	craigr96@hotmail.com	540-272-0113
Literature Chair	Kelley Anne E.	kelley713na@gmail.com	910-742-6350
Literature Vice Chair	Dale C	merrydale@verizon.net	804-363-7245
Special Events Chair	Donna Lee R.	donnaleeraines@yahoo.com	804-869-7025
Special Events Vice Chair	Erin M.	erinm@mcshin.org	804-380-8374
Secretary	Chrissy R.	citystatic316@gmail.com	703-659-5323
Chair	Ed C.	ehc123@verizon.net	804-338-9477
Vice Chair	Kate G.	kate.gilreath@gmail.com	804-237-4011
Treasurer	Cheryl M.	cheryl@cherylraes.com	804-592-8875
H&I	Amy T.	alterrill3@gmail.com	804-337-0235
Policy	Shawn P.	shawnpfeifer2009@gmail.com	804-908-4325

Executive Committee Reports

Chair:

All is well! Wow...that sounds really cliché but it's true. All is well!

If there are any new GSRs here today I have a hand out for you about GSR responsibilities.

If anyone has questions about ASC, please call me at 804-338-9477.

In loving service,

Ed C.

Vice Chair:

Hello all- Happy to be of service. Excited about the new people who are interested in some of the subcommittees positions open. Please let me know if any of the subcommittees need any help and I will do my best to help out.

In loving service,

Kate G.

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Secretary:

If you find any errors in the minutes, don't hesitate to contact me so I can correct them.

In loving service,

Chrissy R.

Treasurer:

We have \$6,535.80 in the bank. 7th tradition income last month was \$1,385.20; literature payments were \$804.70; and we had \$1 in miscellaneous income.

In loving service,

Cheryl M.

RCM:

RCM REPORT (Summary) from RSC meeting 2/18/2017. Mark S. attended; Noreen was sick® (This report is a summary from 19 pages of minutes) Today's ASC, Mark is in Florida: absent W/ Notice.

FROM CHAIR: We will hold the April 2-day RSC in Williamsburg. The April 2-day event falls on Easter Sunday again this year and, per a discussion in today's open forum and the subsequent straw poll, we will hold the RSC immediately following Saturday's GSR Assembly. The Region booked a block of rooms so those who requested a room can stay the night and be rested and alert for the drive home. Therefore, I am making a motion today to remove the mandatory rotation requirement for the subcommittees. A consistent meeting location will make planning and budgeting for travel easier for those interested in participating in the Region's subcommittees.

REGIONAL DELEGATE: Discussion on the AVCNA- January 20TH- January 22nd 2017 The RD Team presented a Planning Our Future Workshop at the AVCNA. We workshoped ideas for how we can better represent our Regions at the World Service Conference. The response to turning our World Service Conference (WSC) into a planning conference was overwhelmingly positive. This idea seems to be gaining a lot of traction in places outside of our region, too, and I hope to be able to continue discussions within our region so Brian and I have a clearer picture of how you would like us to further this idea at WSC 2018 Autonomy Zonal Forum- January 28, 2017 South Boston, VA The Central Atlantic Region hosted the Autonomy Zonal Forum meeting in South Boston at the Sentara Halifax Regional Hospital from 11-5. The event was well attended by people from the Southside Area and surrounding areas. Most of the Southside Area Executive Committee as well as a few others showed up. 5 of the 6 Regions that comprise our zone attended.

MARLCNA- February 10-12, 2017 The Mid-Atlantic Region put on another successful convention. What does your area think and feel about Zonal Representation? Again, if your area's response to this question is "huh?", we welcome the opportunity to provide a Planning Our Future workshop and encourage you to request such a workshop be held in your Area.

A More Prudent Use of Our Funds I will also be putting in a motion to change policy to reflect the Delegate Team can attend either a World Wide Service Event or MARLCNA on a non-conference year. It seems prudent for the Delegate Team to go to MARLCNA on a conference year, but on a non-conference year, the team should be able to attend a World Wide Service Event or MARLCNA, but shouldn't be bound by policy to do both, as we currently are.

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I received a request for input on the Environmental Scan from NAWS and I put together an online survey much like the one we used last year for the CAR Report. I sent out a notice to each RCM asking you to fill out the survey. NAWS has asked for delegate input and I need your help so I can be sure to give OUR conscience and not MY conscience. The Environmental Scan is attached to the minutes.

H&I REPORT The H&I Subcommittee met on January 21, 2017 at the Hilton Hotel in Short Pump, VA during the 35th A VCNA held there. There were 19-plus people there with eight areas being represented. Part of the purpose of having it during the A VCNA was hoping we would see an increase in attendance, and as you can see we did meet that goal. NOW we are hoping for increased participation in the upcoming March subcommittee meeting. The meeting was opened with a moment of silence followed by the Serenity Prayer. I read the H&I Report from the last subcommittee in November since there were new people attending this meeting. In summation of the November meeting we mainly discussed the fact that with more people attending the meetings we would be able to have an agenda for each meeting.

We also discussed the Inmate Step Writing (ISW) project. In the January meeting we discussed at length the ISW project. The following were some of the issues we discussed:

- 1) Has the format been approved? There were divided opinions on that. The answer is YES it has been approved. Melissa E. (SHEVANA) made a hard copy while we were in the meeting.
- 2) The interest in Areas wanting to start the project but the lack of trusted servants to step up to the plate in doing so. Also the lack of consistency in commitments.
- 3) The question arose as to whether the ISW project was an area project or was it regional. There are a few areas already participating in this project. Bill M. (CARNA Chair) reported that the region was trying to make an effort to eliminate duplication.
- 4) The use of technology to increase participation either with phone conferencing or video conferencing. If someone doesn't have access to these, we would make hard copies and bring them to the subcommittee meeting.
- 5) To increase participation, with Sam's (CARNA PR Chair) help, we would like to send out an email to each area's H&I Chair in a timely manner before the meeting date.
- 6) There were 34 Basic Texts left from the ECCNA and it was decided at the last RSC that two books would be given to each area for the H&I committee to use in their facilities. This leaves two books for the Regional H&I Chair to use as deemed necessary. The following areas did pick up their books: Tri-Cities, SHEV ANA, Almost Heaven, Piedmont, Tidewater, Gateway to Freedom, Richmond, Appalachian and BRAN A.
- 7) We did discuss the centralizing of the subcommittee meeting back to Charlottesville. More will be revealed on that later.

The next H&I subcommittee meeting will be held 18,2017 at the Verona Community Center, 465 Lee Highway, Verona, VA 24482 from 11:00am to 2:00pm.

In loving service,
Noreen

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Trusted Servant Reports

VRCC Director:

Sorry, I couldn't be there today, everybody but I'm sick this afternoon. The next VRCC meeting is next Sunday, March 26 at the UVA medical center on Lee Street. I'll be there with bells on!

In loving service,

Carl P.

Subcommittee Reports

Campout:

Campout subcommittee met in Charlottesville Feb 19th to continue planning the campout. We settled on a tentative menu for the Saturday night meal. We are still looking for 2 of our 4 speakers, so if anyone has any suggestions for out-of-area speakers please give them to me for consideration. Also, we will need a lot of help from trusted servants during the campout itself. Anyone interested in volunteering please let me know. We'll need help with registration, running meetings, tending the bonfire, tie dye and a few able addicts to help grill burgers and dogs Saturday night. Our next meeting will be announced at meetings and on the Recovery Facebook page.

In loving service,

Jess H.

H&I:

All is well with H&I. Today we would like to make a motion to vote Amy T in as chair. Please announce our celebration H&I day next Sunday March 19th right here in this room from 10-4. It is going to be amazing! Today we made a motion to remove Henrico's East men's and women's jail off our meeting list as it is being facilitated by Richmond city. The motion passed.

In loving service,

Amy T.

Literature:

Hi all. Literature is doing great. Next month please order from April 1st – April 9th. Please text Kelley Anne your order to 910-742-6350 (or Dale as a backup 804-363-7245). I am willing to pro-temp for the next month and I will volunteer to be Vice Chair. I am recommending the area elect Kelley Anne for the Chair position and if elected I will happily assist her through the process.

The area policy will be updates this next month with all literature changes.

In loving service,

Dale C.

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Policy:

All is well with Policy. All the motions that went through the last month have not been updated yet but will be by the next area. Also this is the last month of my term. I appreciate you letting me serve.

In loving service,

Becca E.

Public Relations:

All is well with PR. There are no changes to report for the phone line, website and PSAs. We are in preliminary stages of attempting to make AVCNA speakers tapes available to Virginia DOC inmates. We are also compiling a list of email addresses of people involved in recovery to being sending out NA related emails.

In loving service,

Jimmy G.

Outreach:

All is well with Outreach. Monthly meetings are held the 3rd Monday of the month at 6pm. Please see me if you are interested in joining and need location information. There is no clean time requirement.

We have personally attended 10+ meetings that needed support this month as well as spread the word via social media and through our personal networks.

We have printed an updated "meetings that need your support" list and we encourage each GSR to take up to 3 copies back to their homegroups and put them with other literature and IPs where they can be seen. There are meetings that need support nearly every night of the week and many are requesting attendance from black keytaggers and addicts with a strong message of recovery.

Help carry the message to the addict who still suffers and promote NA unity...Announce these meetings in the "NA Announcement" portion of meetings you attend and encourage sponsees and other members of your personal network to join you at meetings that need support.

If your homegroup needs our support, please note it under "Special Needs" in your report and we will add it to our list. We are asking this to be done on a monthly basis to ensure that we meet current needs

In loving service,

Craig R.

Special Events:

All is well in Special Events. Nothing to report. Meetings still the 1st and 3rd Sunday of the month at 4pm.

In loving service,

Ginny T.

Ad Hoc

~None~

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Home Group Reports

A Clean Start	
Donation:	
Literature Order:	
Special Needs:	
Announcements:	
In Loving Service,	

A Conscious Effort	Reporting
Donation:	\$2.70
Literature Order:	\$69.30
Special Needs:	Homegroup members
Announcements:	
In Loving Service,	Davis P.

A Spiritual Solution	
Donation:	
Literature Order:	
Special Needs:	
Announcements:	
In Loving Service,	

Another Look	
Donation:	
Literature Order:	
Special Needs:	
Announcements:	
In Loving Service,	

Basic Text Recovery	Voting
Donation:	\$55.11
Literature Order:	\$94.89
Special Needs:	
Announcements:	
In Loving Service,	Kurt D.

Clean Air	
Donation:	
Literature Order:	

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Special Needs:	
Announcements:	
In Loving Service,	

Courthouse Freedom	Voting
Donation:	\$150.00
Literature Order:	\$0.00
Special Needs:	
Announcements:	
In Loving Service,	Zac W.

Fan Club/Winner's Circle	
Donation:	
Literature Order:	
Special Needs:	
Announcements:	
In Loving Service,	

Grateful Heads	Voting
Donation:	\$0.00
Literature Order:	\$44.48
Special Needs:	Our attendance is strong but newcomer heavy. We could really use black keytaggers to share the message.
Announcements:	Addict named Chris M. is celebrating 2 years March 21st. Come to help him celebrate with pizza and cake!
In Loving Service,	Brandon B.

Gratitude	Voting
Donation:	\$147.00
Literature Order:	\$0.00
Special Needs:	
Announcements:	
In Loving Service,	John B.

High Hopes	
Donation:	
Literature Order:	
Special Needs:	
Announcements:	
In Loving Service,	

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Hope Fiends	Voting
Donation:	\$35.90
Literature Order:	\$84.10
Special Needs:	
Announcements:	
In Loving Service,	Josh M.

H.O.W	Voting
Donation:	\$0.00
Literature Order:	\$0.00
Special Needs:	We could use some women with recovery experience we get a fair amount of female newcomers and women early in recovery.
Announcements:	
In Loving Service,	Christian F.

I Can't We Can	
Donation:	
Literature Order:	
Special Needs:	
Announcements:	
In Loving Service,	

Inside Hope	
Donation:	
Literature Order:	
Special Needs:	
Announcements:	
In Loving Service,	

Into the Light	Reporting
Donation:	\$53.58
Literature Order:	\$23.42
Special Needs:	
Announcements:	Addict by the name of Craig R. will be celebrating 4 years on March 15th. Please come and join the celebration with cake and milk!
In Loving Service,	Craig R.

It Works; How & Why	Voting
Donation:	\$50.00
Literature Order:	\$0.00
Special Needs:	
Announcements:	

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In Loving Service,	Charles H.
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Just for Today	
Donation:	
Literature Order:	
Special Needs:	
Announcements:	
In Loving Service,	

Just Steppin'	
Donation:	
Literature Order:	
Special Needs:	
Announcements:	
In Loving Service,	

Keep Coming Back	Voting
Donation:	\$0.00
Literature Order:	\$0.00
Special Needs:	
Announcements:	
In Loving Service,	Corey C.

Keeping the Faith	
Donation:	
Literature Order:	
Special Needs:	
Announcements:	
In Loving Service,	

Let the Healing Begin	Voting
Donation:	\$50.00
Literature Order:	\$0.00
Special Needs:	
Announcements:	
In Loving Service,	Anthony G.

Living Clean	Voting
Donation:	\$68.37
Literature Order:	\$48.00
Special Needs:	

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Announcements:	
In Loving Service,	Jay M.

Living in the Solution Group	Voting
Donation:	\$110.00
Literature Order:	\$0.00
Special Needs:	
Announcements:	
In Loving Service,	Matt C.

Meditate and Destroy	
Donation:	
Literature Order:	
Special Needs:	
Announcements:	
In Loving Service,	

M.F.S	Reporting
Donation:	\$18.80
Literature Order:	\$31.20
Special Needs:	
Announcements:	Russel B is the new GSR.
In Loving Service,	Mark S.

MONA	Reporting
Donation:	\$17.54
Literature Order:	\$52.46
Special Needs:	
Announcements:	
In Loving Service,	Troy H.

New Connections	
Donation:	
Literature Order:	
Special Needs:	
Announcements:	
In Loving Service,	

No Matter What	Voting
Donation:	\$39.00
Literature Order:	\$0.00

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Special Needs:	In need of black keytaggers and support from Outreach.
Announcements:	
In Loving Service,	Tim O.

No Strings Attached	Voting
Donation:	\$50.00
Literature Order:	\$0.00
Special Needs:	Small meeting- we could always use support!
Announcements:	
In Loving Service,	Brenda P.

Not High Noon	Voting
Donation:	\$183.31
Literature Order:	\$61.20
Special Needs:	
Announcements:	Reminder no food and drinks/water is ok with a top. Jake is new GSR and Nick is alternate GSR.
In Loving Service,	Jake K.

On Our Way	
Donation:	
Literature Order:	
Special Needs:	
Announcements:	
In Loving Service,	

Powhatan Hope	
Donation:	
Literature Order:	
Special Needs:	
Announcements:	
In Loving Service,	

Raw Recovery	Reporting
Donation:	\$0.00
Literature Order:	\$0.00
Special Needs:	We need support for our new meeting on Wednesday from 7-815pm
Announcements:	
In Loving Service,	Jay A.

Riverside Recovery	
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Donation:	
Literature Order:	
Special Needs:	
Announcements:	
In Loving Service,	

Serene Women	Voting
Donation:	\$0.00
Literature Order:	\$82.34
Special Needs:	
Announcements:	Lauren A. is celebrating 1 year on March 27th.
In Loving Service,	Nikki W.

Spiritual Connection	Voting
Donation:	\$78.80
Literature Order:	\$32.20
Special Needs:	
Announcements:	An addict by the name of Shannon R. will be celebrating 2 years and Tina S will be celebrating 4 years on March 25th.
In Loving Service,	Tina S.

Sunday Hope	Voting
Donation:	\$71.05
Literature Order:	\$28.95
Special Needs:	
Announcements:	
In Loving Service,	Matei C.

Survivors	Voting
Donation:	\$58.73
Literature Order:	\$61.27
Special Needs:	
Announcements:	
In Loving Service,	John C.

TAPS	Voting
Donation:	\$108.00
Literature Order:	\$0.00
Special Needs:	
Announcements:	
In Loving Service,	Ginny T.

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Together We Can	Reporting
Donation:	\$50.25
Literature Order:	\$0.00
Special Needs:	
Announcements:	
In Loving Service,	Jeremy M.

Unity in Action	
Donation:	
Literature Order:	
Special Needs:	
Announcements:	
In Loving Service,	

Visions Without Limits	
Donation:	
Literature Order:	
Special Needs:	
Announcements:	
In Loving Service,	

We Women Do Recover	Voting
Donation:	\$120.90
Literature Order:	\$23.10
Special Needs:	
Announcements:	Allie P. will be celebrating 1 year April 11th; Tara S. will be celebrating 10 years April 3rd.
In Loving Service,	Lee S.

What Can We Do	Voting
Donation:	\$20.00
Literature Order:	\$0.00
Special Needs:	
Announcements:	
In Loving Service,	Corey M.

Without Parallel	Reporting
Donation:	\$0.00
Literature Order:	\$0.00
Special Needs:	
Announcements:	Logan R will celebrate 2 years on March 23rd and Stephanie T will celebrate 1 year on March 30th!

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In Loving Service,	Samantha G.
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YPNA	
Donation:	
Literature Order:	
Special Needs:	
Announcements:	
In Loving Service,	

Roll call by Vice Chair to establish quorum:

Voting GSR's present: 21 voting met the quorum

Approve minutes:

Motion to approve minutes by Christian and seconded by Matei: Minutes were approved

Old Business

~None~

Elections

H&I Chair –Amy T. was nominated by Tina and she accepted. The pros and cons were discussed and Amy was elected.

Policy Chair – Matt nominated Shawn P. who accepted. The pros and cons were discussed and Shawn was elected.

Special Events – Lee nominated Donna Lee R. and she accepted and was elected.

Literature Chair – Samantha nominated Kelley Anne who accepted. Pros and cons were discussed and Dale said she would continue to help as necessary. Kelley Anne was elected.

Outreach Chair – Brandon nominated Craig R. Pros and cons were discussed and he was elected.

New Business

Motion #3-17-1

Motion: To increase the NDANA prudent reserve from \$3,500 to \$7,500.

Intent: To secure the availability of funds for the NDA under the new operating budget.

Mover: Dale C.

Secunder: John C.

Outcome: Back to Policy

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Regional Business

~None~

Motion #183-6

Motion: Change policy p. 13 6 A4 "Attends Annual Mid-Atlantic Reg. Conference of NA (MARLCNA) Lancaster PA, usually 2nd week of Feb." to "Attend either a World Service event a multi-regional service workshop or MARLCNA Annually.

Intent: To ensure the most prudent use of our funds and Trusted Servants resources.

Mover: Kim A. (RDA)

Seconder: Norman C.

Outcome: Back to homegroups

Money Matters

~None~

Open Forum

Electing Vice Treasurer next month.

We will be looking for GSR feedback from their homegroups by next Area Service on April 9th for an Environmental Scan from NAWs. There is an online survey and NAWs has asked for delegate input and I need your help so I can be sure to give OUR conscience. The Environmental Scan is attached to the minutes. This is an opportunity for the Central Atlantic Region to provide input up front, directly influencing the NAWs Strategic Plan by providing data they can consider as part of our environmental scan. This scan reflects NAW's best efforts to capture trends and issues- both within and outside of the Fellowship-that affect NA. You may call/text Noreen 951-660-8445 if you have any questions.

Announcements

Electing Vice Treasurer next month. Please take this to your homegroups and see if anybody is interested.

Celebrate H&I day at Hatcher church next Sunday March 19th from 10am-4pm! Join them for speakers and food!

Please see summary "Important Information to Take Back to Home Groups" page.

Meeting was closed with the Serenity Prayer at about 5:15 pm