Open with Serenity Prayer: July 10, 2016, 3:30pm

Purpose read by: Charles H.

Twelve traditions read by: Nick M. Twelve concepts read by: Erin M.

Executive Committee Reports

Chair:

All is well. Please excuse my absence. I am in Pittsburg attending the ECCNA. I met with the vice chair and reviewed the July agenda.

Our next ASC will be Aug 14 2016

ILS

Jeff H

Vice Chair:

Hello everybody! Today I ask for your patience and help as I stand in for our Chairperson. I want to thank Charles in advance for his help today. If I make procedural errors please don't hesitate to speak up. I'll appreciate your assistance.

Over the last month I was able to attend meetings of the H&I committee, the Policy committee, the Literature committee and the Camp Out Committee. I also spoke to our VRCC director and our RCM regarding their current business.

If there are any new GSRs here I have a printed handout of general GSR guidelines for you.

I want to make myself available to all the sub-committees and GSRs. If you have any questions about ASC or need help with any service matter, please call me at 804 338 9477.

Thanks to everyone here today for your service to Narcotics Anonymous.

In loving service,

Ed C.

Secretary:

All is well. In loving service, Cheryl M.

Treasurer:

We had \$1766.56 income in June, \$564.86 of this was from literature. We have a current bank balance of \$8271.31; after backing out prudent reserve, accrued budget and uncleared checks, we are on track to make a donation of over \$1200 to CARNA at the next RSC in August.

In the next month, I will be drafting a position description for the Assistant Treasurer position, as well as suggesting some changes to policy that will streamline and simplify the budgeting process and make annual budget amounts for each subcommittee part of the annual budget itself, rather than something hard-coded in policy.

Thanks for the opportunity to be of service.

Brian C.

Trusted Servant Reports

RCM:

Hello everyone, I attended the 179th RSC in Charlottesville last month and this is my report. The Regional Minutes, Financial report, Old and New business docs have been forwarded to Jimmy G and will be available on the rvana.org website soon if they are not already on there.

Minutes from the 178th RSC were approved.

Open positions at our regional level are:

Vice Chair, Regional Delegate Alternate, PR Chair and Speaker Jam Chair.

Qualifications are available under the Service tab in the Policy doc on the car-na.org website.

The direct link is as follows and you can find the qualifications staring on page 9 -

http://car-na.org/images/sub Policy/gro Apr2016.pdf

As promised, I said I would report on the World Service Conference attended by our regional delegate Eddie W. The results of the CAR-CAT motions are now available on the rvana.org website or will be soon plus they are available on the car-na.org website 179th Minutes report. The results are interesting and there were at least a few motions passed by our area that were denied by the World.

Last Area I said I would look into two things.

- 1. Posting events on the car-na.org website. So everyone knows, we do not need a user name or password to post events or what not on the car-na.org website. The procedure is to submit the info and then it either gets approved or disapproved. Pretty simple and straight forward.
- 2. Step work in the jails and prisons. As of now there is not a program in place to do so. I spoke with the H and I chair during open forum and in my own words, this is what she told me. The regional H and I committee has encouraged such a program for a long time and is willing to help, guide and assist in such a program should it materialize. Having said that, the problem has been a continual lack of commitment. In short, people are talking the talk but never follow through with the walk. To start the process on the Regional level two things must happen first.
- 1. A chairperson position must be created and an administrator/secretary position must be created.
- 2. In order to show initial commitment, the two people willing to fill these required positions must attend a Regional H and I sub-committee meeting to express their desire for such a program and convince the Regional H and I sub-committee of their willingness to commit to such a project. Please keep in mind that committing to this project is a commitment to the entire region not just your particular area. You can go on the car-na.org website and click on service, then H and I and get contact info for the chair or even better, I would suggest if someone is interested to please attend the next RSC in Charlottesville on Aug 20th. Info on time and location is on the car-na.org website.

Money matters — as previously stated the current Regional Financial doc is available or will be soon on the rvana.org website and on the car-na.org website.

We did not carry a donation this past RSC. I suppose we can determine a donation, if any, at next ASC on Aug 14th.

One more thing - It was suggested for RCM's by the Regional Rep Alt to start a conversation with this body and GSR's regarding the "Planning Our Future" project. The following link on the na.org website explains it in more detail and World made a youtube video that explains it very simply.

http://www.na.org/?ID=pof-index

I will explain it briefly.

The next RSC is on Aug 20th, again in Charlottesville and I plan to attend.

ILS - Shawn P

RCM Alternate:

Not present

VRCC Director:

We meet again next Sunday at 12pm in UVA cafeteria conference room. 35th AVCNA has been moving toward January. Please register early. You can do online at AVCNA.org.

From the host committee minutes, all is well. They can always use supporting members. Flyers are on AVCNA.org with all contact numbers.

In loving service,

Jimmy B.

VRCC Alternate:

No report

Subcommittee Reports

Campout:

Shirts for both PANDA and 20^{th} anniversary are selling fairly well, so well that I have to order more 20^{th} anniversary shirts. We met with our Piedmont counterparts recently and came up with a schedule for the campout, recruited $2\sigma\pi\sigma\alpha\tau\epsilon\rho\sigma$ (looking for 2 more), and came up with a list of additional projected expenses (firewood, tie dye kit, etc.)

We need volleyball players for the Ninja Dragon Death Match vs. Piedmont Area.

We also need volunteers to man the registration table (please contact me). We also have need of a large coffee urn if any home group will let us use theirs. We've hired Steve K. to cook dinner for us Saturday night and are finalizing the menu now.

Our next meeting will be in Charlottesville on Tuesday, July 26th, at 6:30pm.

In loving service,

Tom B.

H&I:

New meeting time – Sundays at 2pm, instead of 2:30!

All is well at H&I. We need volunteers and have had to suspend 3 meetings. We need both men and women. Please come see Bryan S. or show up next month at 2pm for the subcommittee meeting.

In loving service,

Bryan S.

Literature:

Hi all. Due to bad eyesight, I ordered 30 too many of the step-working guide. If your home group needs the guide, please order two!

Order sheets are on the front table – please take one.

Much thanks to Carl P. He donated paper bags for our use, and they are perfect.

I had a huge order, and then I didn't sell much at all – financial reports will be available from Brian C. Please shop for literature from your local clerk, and support your neighborhood stores. ©

In loving service and hugs,

Dale C.

Policy:

All is well. I had a policy meeting this past Tuesday. It went well. I do have some people that keep coming who I consider part of my committee, but it would be great to have more volunteers. I will be having another meeting on July 25th from 6:30-7:30. That's a Monday. Mark your calendar if you'd like to come, and see me for the address after this meeting.

In loving service,

Becca E.

Public Relations:

All is well with PR. Calls to the phone and website traffic are slightly up. We are still watching closely to see if the numbers will continue to increase over the next 3 months, as PSAs continue to run. The 400% increase of web traffic (reported previously) was determined to be due to not capturing all of the users. This has been fixed. We are averaging 1600 unique users a month.

In loving service,

Jimmy G.

Outreach:

All if well. Monthly meetings are held the 3rd Monday of the month (July 18th) at 6pm. Please see me if you're interested in joining and need location information. There is no clean-time requirement. We have personally attended 4+ meetings that needed support this month, as well as spread the word via social media!

Outreach subcommittee has voted to send a representative to home groups who belong to the New Dominion area and haven't attended Area Service for three consecutive months (currently 8 groups) to make sure they are connected to our Area and see if they need support.

We have printed 3 copies for each GSR to take back to their home groups to help gain support of some meetings. Please announce these at your next group conscience and put the handout with other literature and IPs where it will be seen.

Lastly, the anticipated GSR orientation workshop is expected for 10 to 2pm on October 1^{st,} – more to come on that. In loving service,

Chrissy R.

(703) 659-5323

Special Events:

All is well. Contacted Tom B. and Ed C. (campout committee) about the 20th anniversary picnic. Special Events will be providing food and decorations for the event. We also have several volunteers to panel a history of ND area and a panel in the works to share and answer questions. Special Events needs support, so please spread the word. In loving service,

Erin M.

Ad Hoc:

None

Home Group Reports

| A Clean Start | Voting |
|--------------------|---------|
| Donation: | \$45 |
| Literature Order: | \$0 |
| Special Needs: | No |
| Announcements: | No |
| In Loving Service, | Paul R. |

| A Conscious Effort | Reporting |
|--------------------|-----------|
| Donation: | \$0 |
| Literature Order: | \$0 |
| Special Needs: | No |
| Announcements: | No |
| In Loving Service, | Davis P. |

| A Spiritual Solution | |
|----------------------|--|
| Donation: | |
| Literature Order: | |
| Special Needs: | |
| Announcements: | |
| In Loving Service, | |

| Another Look | Reporting |
|--------------------|---|
| Donation: | \$0.00 |
| Literature Order: | \$115.00 |
| Special Needs: | No |
| Announcements: | We will be switching to a Basic Text format starting 7/16. Come out and show support. |
| In Loving Service, | Elizabeth |

| Basic Text Recovery | Voting |
|---------------------|---|
| Donation: | \$15.00 |
| Literature Order: | \$23.00 |
| Special Needs: | No |
| Announcements: | Trevor will be celebrating 8 years on Tuesday, July 12th at Basic Text Recovery at 6:30 at Monument & Malvern, Westminster Presbyterian Church. |

| In Loving Service, | Jeff S |
|--------------------|--------|
|--------------------|--------|

| Clean Air | Voting |
|--------------------|---|
| Donation: | \$0.00 |
| Literature Order: | \$0.00 |
| Special Needs: | No |
| Announcements: | Hello family. Clean Air Group continues to carry the message of recovery. |
| In Loving Service, | Raymond R. |

| Courthouse Freedom | Voting |
|--------------------|--|
| Donation: | \$91.46 |
| Literature Order: | \$15.90 |
| Special Needs: | No |
| Announcements: | Home group members Heather and Harry will be celebrating 14 years of recovery on July 29th at Central Baptist Church at 8pm. |
| In Loving Service, | John C. |

| Fan Club/Winner's Circle | |
|--------------------------|--|
| Donation: | |
| Literature Order: | |
| Special Needs: | |
| Announcements: | |
| In Loving Service, | |

| Grateful Heads | Reporting |
|--------------------|-----------|
| Donation: | \$0.00 |
| Literature Order: | \$0.00 |
| Special Needs: | No |
| Announcements: | No |
| In Loving Service, | Tom B. |

| Gratitude | Voting |
|--------------------|---------|
| Donation: | \$0.00 |
| Literature Order: | \$0.00 |
| Special Needs: | No |
| Announcements: | No |
| In Loving Service, | John B. |

| Hope Fiends |
|-------------|
|-------------|

| Donation: | \$60.00 |
|--------------------|---------|
| Literature Order: | \$0.00 |
| Special Needs: | No |
| Announcements: | No |
| In Loving Service, | Josh M. |

| H.O.W | Voting |
|--------------------|-------------|
| Donation: | \$0.00 |
| Literature Order: | \$0.00 |
| Special Needs: | No |
| Announcements: | No |
| In Loving Service, | Christian F |

| I Can't We Can | |
|--------------------|--|
| Donation: | |
| Literature Order: | |
| Special Needs: | |
| Announcements: | |
| In Loving Service, | |

| Inside Hope | Reporting |
|--------------------|---|
| Donation: | \$40.00 |
| Literature Order: | \$22.30 |
| Special Needs: | No |
| Announcements: | Home group member will be celebrating August 13th. Come out and support this miracle. |
| In Loving Service, | Alvin T. |

| Into the Light | Voting |
|--------------------|---------|
| Donation: | \$42.40 |
| Literature Order: | \$26.60 |
| Special Needs: | No |
| Announcements: | No |
| In Loving Service, | Kevin M |

| It Works; How & Why | Voting |
|---------------------|---------|
| Donation: | \$50.00 |
| Literature Order: | \$0.00 |
| Special Needs: | No |
| Announcements: | No |

| In Loving Service, | Charles H |
|--------------------|-----------|
|--------------------|-----------|

| Just for Today | Reporting |
|--------------------|---|
| Donation: | \$180.00 |
| Literature Order: | \$0.00 |
| Special Needs: | No |
| Announcements: | All is well. We meet every Monday night at 7pm @ Bellwood Baptist Church off 95 @ Willis Rd. We continue to grow and are averaging 20 addicts per week. |
| In Loving Service, | Brian M. |

| Just Steppin' | Reporting |
|--------------------|---|
| Donation: | \$0.00 |
| Literature Order: | \$0.00 |
| Special Needs: | Need support from black key taggers, especially women, as we have a large amount of newcomers every week. |
| Announcements: | No |
| In Loving Service, | Lesley D. |

| Keep Coming Back | Reporting |
|--------------------|---|
| Donation: | \$50.00 |
| Literature Order: | \$45.55 |
| Special Needs: | No |
| Announcements: | Attendance has skyrocketed to an average of 30 from an average of 10-15 one year ago. |
| In Loving Service, | David G. |

| Keeping the Faith | Voting |
|--------------------|--------------|
| Donation: | \$0.00 |
| Literature Order: | \$0.00 |
| Special Needs: | No |
| Announcements: | No |
| In Loving Service, | Christian B. |

| Let the Healing Begin | Voting |
|-----------------------|---|
| Donation: | \$20.00 |
| Literature Order: | \$0.00 |
| Special Needs: | No |
| Announcements: | Addict by the name of Blake R. will be celebrating 4 years Thursday, July 14th. |
| In Loving Service, | Anthony G. |

| Living Clean | Voting |
|--------------------|---------|
| Donation: | \$20.00 |
| Literature Order: | \$37.65 |
| Special Needs: | No |
| Announcements: | No |
| In Loving Service, | Jay M. |

| Living in the Solution | |
|------------------------|---------|
| Group | Voting |
| Donation: | \$0.00 |
| Literature Order: | \$0.00 |
| Special Needs: | No |
| Announcements: | No |
| In Loving Service, | Amie S. |

| MONA | Reporting |
|--------------------|---|
| Donation: | \$0.00 |
| Literature Order: | \$0.00 |
| Special Needs: | MONA is doing extremely well, averaging over 30 addicts in our first 3 meetings. Home group service positions still available, so if you're homeless, serviceless (and maybe a man, but not required), get with me. |
| Announcements: | No |
| In Loving Service, | Laine W. |

| M.F.S | |
|--------------------|--|
| Donation: | |
| Literature Order: | |
| Special Needs: | |
| Announcements: | |
| In Loving Service, | |

| New Connections | Reporting |
|--------------------|-----------|
| Donation: | \$0.00 |
| Literature Order: | \$0.00 |
| Special Needs: | No |
| Announcements: | No |
| In Loving Service, | Ben J. |

| No Matter What | Voting |
|---------------------|---|
| Donation: | \$17.00 |
| Literature Order: | \$0.00 |
| Special Needs: | No |
| Announcements: | No Matter What has changed its meeting time from 8pm to 7pm as of July 1st. Our meeting needs support and we need trusted servants. Currently I hold all service positions! |
| In Loving Service, | Joey B. |
| | |
| No Strings Attached | |
| Donation: | |
| Literature Order: | |
| Special Needs: | |
| Announcements: | |
| In Loving Service, | |
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| | |
| Not High Noon | Voting |
| Donation: | \$58.05 |
| Literature Order: | \$29.80 |
| Special Needs: | In need of black key taggers to share the message of recovery. |
| Announcements: | A home group member named Cat E. will be celebrating 1 year of recovery this Monday, July 11th at 12:15. Please come out and help us celebrate. |
| In Loving Service, | Nick M. |
| | |
| On Our Way | |
| Donation: | |
| Literature Order: | |
| Special Needs: | |
| Announcements: | |
| In Loving Service, | |
| | |
| Powhatan Hope | |
| Donation: | |
| Literature Order: | |
| Special Needs: | |
| Announcements: | |
| In Loving Service, | |

| P.U.H | |
|---------------------------------------|--|
| Donation: | |
| Literature Order: | |
| Special Needs: | |
| Announcements: | |
| In Loving Service, | |
| | · |
| Raw Recovery | Reporting |
| Donation: | \$0.00 |
| Literature Order: | \$0.00 |
| Special Needs: | No |
| Announcements: | Literature Study meeting. We meet Saturdays 12 noon - 1:15 at 6020 Midlothian Trnpk. All are welcome as this is an open meeting. |
| In Loving Service, | Mark S |
| | |
| Riverside Recovery | |
| Donation: | |
| Literature Order: | |
| Special Needs: | |
| Announcements: | |
| In Loving Service, | |
| , | |
| Serene Women | Reporting |
| Donation: | \$8.00 |
| Literature Order: | \$28.10 |
| Special Needs: | No |
| Announcements: | No |
| In Loving Service, | Brooke M |
| , , , , , , , , , , , , , , , , , , , | |
| Spiritual Connection | Voting |
| Donation: | \$33.96 |
| Literature Order: | \$41.04 |
| Special Needs: | No |
| Announcements: | No |
| In Loving Service, | Tina S. |
| <u> </u> | - ' |
| Sunday Hope | Voting |
| Donation: | \$50.00 |
| Literature Order: | \$0.00 |
| Special Needs: | No |
| A | |

Announcements:

No

| In Loving Service, | Andrew C. |
|------------------------|-----------|
| | |
| Survivors | |
| Donation: | |
| Literature Order: | |
| Special Needs: | |
| Announcements: | |
| In Loving Service, | |
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| Tapps | |
| Donation: | |
| Literature Order: | |
| Special Needs: | |
| Announcements: | |
| In Loving Service, | |
| | |
| Together We Can | |
| Donation: | |
| Literature Order: | |
| Special Needs: | |
| Announcements: | |
| In Loving Service, | |
| | |
| Unity in Action | |
| Donation: | |
| Literature Order: | |
| Special Needs: | |
| Announcements: | |
| In Loving Service, | |
| | |
| Visions Without Limits | |
| Donation: | |
| Literature Order: | |
| Special Needs: | |
| Announcements: | |
| In Loving Service, | |
| | |
| We Women Do Recover | Reporting |
| Donation: | \$50.00 |
| Literature Order: | \$6.40 |

Literature Order:

| Special Needs: | No |
|--------------------|-----------|
| Announcements: | No |
| In Loving Service, | Lesley D. |

| What Can We Do | |
|--------------------|--|
| Donation: | |
| Literature Order: | |
| Special Needs: | |
| Announcements: | |
| In Loving Service, | |

| Without Parallel | Reporting |
|--------------------|--|
| Donation: | \$0.00 |
| Literature Order: | \$9.60 |
| Special Needs: | No |
| Announcements: | Megan W. will be celebrating her 1st year on July 28th at 7pm at Lakeside United Methodist Church. Come support. |
| In Loving Service, | Allie P. |

| YPNA | Reporting |
|--------------------|---|
| Donation: | \$25.00 |
| Literature Order: | \$0.00 |
| Special Needs: | YPNA needs more support from black key taggers. |
| Announcements: | No |
| In Loving Service, | Danae D. |

Roll call by Vice Chair to establish quorum:

Voting GSR's present: 17 – quorum met

Approve minutes:

Motion to approve minutes: Shawn P.

Second: Amie

^{**}Amendment to June minutes - Motion #4-16-2 ASC meetings will begin at 3:30pm (not 3:00pm)**

Old Business

Motion #: 4-16-1

Motion:

- To change policy to be able to amend the ASC agenda without changing policy each time. Changes are as follows:
- * Change: Page 6-1-N Agenda: The NDANA Chairperson shall direct the proceeding for ASC by using the ASC Agenda - Appendix I
- * To: Page 6-1-N Agenda: The NDANA Chairperson shall direct the proceeding for ASC by preparing the ASC Agenda Appendix I
- *Change Appendix I to new agenda and write "SAMPLE" at the top
- Page 11-7-b Chairperson's Responsibilities

Add: xi) Prepares monthly agenda

Mover: _ Ed C. Seconder: _ Lee S.

<u>Intent:</u> - To allow the chair to better facilitate business under changing conditions and not be locked

into a strictly prescribed agenda.

Outcome: _ Motion Passed

Motion #: 5-16-1

Motion:

To change wording of policy pg. 17 dd) ii) from "locates and puts deposit for next year's campout at the end of the campout for Memorial Day weekend" to "locates and puts deposit for next year's campout weekend." Also to change wording of policy pg. 17 section dd) iv) from "shall put on campout previously reserved on Memorial Day weekend" to "shall put on campout reserved the previous year, but to happen no later than Labor Day

weekend."

Mover: _ Campout Committee

Seconder: _ John C.

<u>Intent:</u> _ To remove the mandatory Memorial Day weekend restriction on the annual campout.

Outcome: Motion Passed

Motion #: 5-16-2

Motion: - To change wording of policy pg. 17 dd) iii) from "has a \$500 annual budget for deposit and

\$1,000 seed money" to "has a \$500 budget and \$1,000 seed money, no more than \$500 to be used as a deposit for next year's reservation after current year's campout takes place."

Mover: _ Campout Committee

Seconder: John C.

Intent: - To make more money available for campout expenses (just in case) without changing budget

parameters

Outcome: _ Motion Passed

Elections

GSRs – please bring nominations for the campout committee chair position soon to be open.

New Business

Motion #: 7-16-1

Motion: For the New Dominion Area Service Committee to create a Vice-Treasurer position

Mover: Into the Light Group

Seconder: Josh M.

Intent:

So that when the area Treasurer's position expires, there will be a candidate for the

Treasurer's position who has had an opportunity to learn the skills necessary to do the

job.

Refer to policy Outcome:

Money Matters

~None~

Open Forum

- Raymond R. would like to help out with any administrative duties that he can do "behind the scenes", as he can't always be there in person.
- Regarding an issue whereby NA World Services would like for area NA websites to stop making its intellectual property available locally, Brian C. and Shawn P. will get together and draft an email addressing a solution. It may be as simple as having the area websites provide the link to NA World Services to access the material.

Announcements

Please see summary "Important Information to Take Back to Home Groups" page.

Meeting was closed with the Serenity Prayer at 4:50pm