

**SUNDAY**

**9:00AM Sunday Spiritual**, The Healing Place, 700 Dinwiddie Avenue, Richmond, VA, 23224 (O,SPK,WC &,BUS)

**10:00AM Riverside Recovery**, Pony Pasture Parking Lot, Walk down trail. Left at third set of trash cans., Near 7300 Riverside Drive, Richmond, VA, 23225 (O,DISC,SMOK,F2F)

**4:00PM W.O.W. - Women of Worth**, 1140 Sumpter St, Richmond, VA, 23220 (W)

**4:30PM Hold On Pain Ends (HOPE)**, Second Floor Serenity, 6020 Midlothian Turnpike, Richmond, VA, 23225 (O,VAR)

**4:30PM Surrender Now**, 22 E WASHINGTON ST, Petersburg, VA, 23803 (O,VAR)

**5:00PM Find Your Tribe**, Biltmore Baptist Church, Entrance on side of building, 1300 New York Avenue, Glen Allen, VA, 23060 (O,W,CC) *Womens meeting*

**5:30PM Atmosphere of Recovery**, Bethlehem Baptist Church, Basement, 1920 Fairmount Avenue, Richmond, VA, 23223 (O,VAR)

**6:00PM Outside the Walls**, St. Paul's Episcopal Church, NEW LOCATION, 8050 Saint Paul's Church Rd, Hanover, VA, 23069 (O,DISC,WC &,PPE)

**6:00PM Sunday Hope**, Hatcher Memorial Baptist Church, Two rooms; 25-person limit in each room, 2300 Dumbarton Rd, Richmond, VA, 23228 (O,DISC,WC &,F2F)

**7:00PM Atheists Recover Too**, Hatcher Memorial Baptist Church, Second-floor chapel; 25-person limit, 2300 Dumbarton Road, Richmond, VA, 23228 (O,VAR,WC &,Ag,F2F,LIT)

**7:00PM H.O.W.**, St. Francis Medical Center, Assisi Room, Walk to the end of the hall, just left of the main lobby., 13700 St. Francis Boulevard, Midlothian, VA, 23114 (O,BT,JFT,VAR,STEP,WC &,F2F)

**7:00PM Living Clean**, Manakin Episcopal Church, 985 Huguenot Trail, Midlothian, VA, 23113 (O,STEP,WC &,F2F,CC)

**7:00PM New Beginning**, Central United Methodist Church, 1213 Porter Street, Richmond, VA, 23224 (O,SPK,WC &,F2F,BUS,PPE)

**7:00PM We Do Recover**, Washington Street United Methodist Church, 22 East Washington Street, Petersburg, VA, 23803 (O,DISC,WC &,PPE)

**8:00PM It Works: How and Why**, Hibbs, Room 304, 900 Park Ave, Richmond, VA, 23284 (O,VAR,NS,SAO,BUS)

**MONDAY**

**9:00AM Keeping It Simple In The AM**, Meeting ID:826-6495-6954 PW: kis9am, Richmond, VA (O,BEG,DISC,VM,BUS) +13017158592,82664956954# US (Washington DC) Meeting ID: 826-6495-6954 PW: kis9am

**10:00AM For the Newcomer In The AM- New LOCATION**, St. James Episcopal Church, 1205 West Franklin Street, Richmond, Virginia, 23220 (BEG,VAR)

**NOON Growing in Recovery**, Next to Vetlink, Corner of Belt Blvd. and Hull Street, Building 435 - Circle Plaza, Richmond, VA, 23224 (O,CH,SPK,WC &,BUS)

**NOON Mid-Day Hope**, 22 East Washington St, Petersburg, VA, 23803 (O,DISC,VAR,F2F,PPE)

**12:15PM Not High Noon**, M3 Church, 3300 Old Courthouse Road, Richmond, VA, 23236 (O,VAR,WC &,F2F,SAO,NP)

**5:30PM Show Me How to Live**, Parham Road Baptist Church, 2101 North Parham Road, Richmond, VA, 23229 (O,DISC,TOP,WC &,F2F)

**6:00PM MONA**, Church of the Holy Comforter, Enter lodge through court yard., 4819 Monument Avenue, Richmond, VA, 23230 (O,M,WC &,F2F,LIT,BUS)

**6:00PM RAACNA Monthly Meeting - 1st Mondays Only**, Open Forum, Richmond, VA (TC,VM) Meeting ID: 543 016 0401 PW: 900100

**6:30PM Monday Reality**, St. Phillips Episcopal Church, 2900 Hanes Avenue, Richmond, VA, 23222 (O,DISC,WC &,BUS)

**7:00PM Gratitude**, Bon Air United Methodist Church, Fellowship hall. Use Door No. 2 on north side of building., 1645 Buford Road, Richmond, VA, 23235 (O,DISC,F2F)

**7:00PM Just Steppin'**, Hatcher Memorial Baptist Church, 2300 Dumbarton Road, Richmond, VA, 23228 (C,DISC,WC &,F2F)

**7:00PM Just for Today**, 7900 Old Hopkins Road, North Chesterfield, VA, 23237 (O,VAR,F2F) Meeting in garage of private residence

**7:00PM Last Hope**, West End Baptist Church, 6506 Boydton Plank Rd, Dinwiddie, Virginia, 23803 (O,DISC,WC &)

**MONDAY (CONT)**

**7:30PM Open Minds**, Atlee Church, 3121 Moss Side Avenue, Richmond, VA, 23222 (O,SPK,STEP,TRAD,WC &,BUS) Meeting on parking lot side

**8:00PM Any Lengths**, Richmond, VA, 23220 (O,VM,LIT) +16468769923,89696304605#,,,,\*3935595665# Zoom ID: 896 9630 4605 Password: AnyLengths

**8:00PM Long Haul**, Unity of Richmond, Downstairs, 800 Blanton Street, Richmond, VA, 23221 (O,VAR,BUS)

**8:00PM M.F.S.**, Gayton Road Christian Church, Clubhouse, 12050 Ridgefield Parkway, Richmond, VA, 23233 (O,DISC,WC &,F2F)

**TUESDAY**

**9:00AM Keeping It Simple In The AM**, Meeting ID: 826-6495-6954 PW: kis9am, Richmond, VA (O,BEG,DISC,VM,BUS) +13017158592,8266456954# US (Washington DC) Meeting ID: 826-6495-6954 5259 PW: kis9am

**9:00AM Simple Basics of Recovery**, St. James's Episcopal Parish House, Basement, 1205 West Franklin Street, Richmond, VA, 23220 (O,BEG,DISC,BUS)

**11:30AM Clean Today**, Henrico Area Mental Health & Developmental Services, Room 119, 3908 Nine Mile Road, Henrico, VA, 23223 (O,DISC,WC &,BUS)

**NOON Easy Pace/Stepping Out**, St. James's Episcopal Parish House, Basement, 1205 West Franklin Street, Richmond, VA, 23220 (O,BEG,BT,VAR,BUS)

**5:30PM More Will Be Revealed**, Richmond, Virginia (O,IW,TC,VM,BUS) Meeting:851 3342 7803 PW:111394 Phone:312-626-6799 use Mtg ID and PW

**6:00PM Basic Text Recovery**, Church of the Holy Comforter, Enter lodge through court yard., 4819 Monument Avenue, Richmond, VA, 23230 (C,BT,WC &,F2F,LIT)

**6:30PM Church Hill Group - CLOSED Tuesday, May 16**, Blessed Hope Baptist Church, 2311 Ford Avenue, Richmond, VA, 23223 (O,DISC,VAR,BUS,PPE)

**6:30PM Desire**, 107 1/2 East Carolina Avenue, Crewe, VA, 23930 (O,DISC,WC &)

**6:30PM End of the Road**, Ivey Memorial United Methodist Church, 17120 Jefferson Davis Highway, Colonial Heights, VA, 23834 (O,BT,WC &,F2F)

**6:30PM Keeping the Faith**, Manakin Episcopal Church, 985 Huguenot Trail, Midlothian, VA, 23113 (O,STEP,WC &,F2F)

**6:30PM Recovery Rockstars**, Sycamore Presbyterian Church, Room 27. Use main entrance., 510 Coalfield Road, Midlothian, VA, 23114 (O,BT,JFT,WC &,F2F,LIT)

**7:00PM Moment of Clarity**, Tomahawk Baptist Church, 12920 Hull Street Road, Midlothian, VA, 23112 (O,F2F,LIT)

**7:00PM No Strings Attached (FACILITY REQUIRES MASKS)**, Henrico Area Mental Health & Developmental Services, 10299 Woodman Road, Glen Allen, VA, 23260 (O,CH,VAR,WC &,F2F,PPE)

**7:00PM Why Are We Here?**, 22 E Washington Street, Petersburg, VA, 23803 (O,VAR,F2F,PPE)

**7:30PM Keep Coming Back**, Church of the Epiphany, Education Wing, Room 122., 11000 Smoketree Drive, North Chesterfield, VA, 23236 (O,VAR,Ti,WC &,F2F)

**8:00PM Fan Club/Winners Circle**, St. James's Episcopal Parish House, Basement, 1205 West Franklin Street, Richmond, VA, 23220 (O,DISC,VAR,F2F,BUS)

**8:00PM Veterans in Recovery**, Hatcher Memorial Baptist Church, 2300 Dumbarton Road, Richmond, VA, 23228 (O,SPK,F2F)

**WEDNESDAY**

**9:00AM Keeping It Simple In The AM**, Meeting ID: 826-6495-6954 PW: kis9am, Richmond, VA (O,BEG,DISC,VM,BUS) +13017158592,82664956954# US (Washington DC) Meeting ID: 826-6495-6954 PW: kis9am

**9:00AM Simple Basics of Recovery**, St. James's Episcopal Parish House, Basement, 1205 West Franklin Street, Richmond, VA, 23220 (O,BEG,DISC,BUS)

**NOON Growing in Recovery**, Next to Vetlink, Corner of Belt Blvd. and Hull Street, Building 435 - Circle Plaza, Richmond, VA, 23224 (O,BEG,CH,STEP,WC &,BUS)

**NOON Mid-Day Hope**, 22 East Washington St, Petersburg, VA, 23803 (O,DISC,PPE)

**WEDNESDAY (CONT)**

**6:00PM A Simple Solution**, Hanover Human Services Center, Room 154, behind building. Signs will be posted., 12304 Washington Highway, Ashland, VA, 23005 (O,CH,DISC,WC &,F2F,LIT)

**6:00PM Freedom Group**, Central United Methodist Church, 1213 Porter Street, Richmond, VA, 23224 (O,DISC,WC &,RA,F2F,PPE,TEMP)

**6:00PM In the Solution**, First Presbyterian Church (Basement), 1107 W. Broadway, Hopewell, Virginia, 23860 (O,DISC,WC &,F2F) Meeting in person

**6:30PM Another Chance**, Grace Episcopal Church, 2955 River Road West, Goochland, VA, 23063 (O,DISC,F2F)

**6:30PM Strength in Diversity**, Diversity Richmond, Meets in the classroom., 1407 Sherwood Avenue, Richmond, VA, 23220 (O,GL,VAR,BUS)

**7:00PM Clean and Serene**, Wesley United Methodist Church, Hybrid or the month of December, 3701 Conduit Road, Colonial Heights, Virginia, 23834 (SKY,F2F,PPE,HY) Zoom ID:818 1483 6118 Passcode: 221035

**7:00PM Never Alone - Virtual Meeting**, Richmond, Virginia (O,DISC,WC &,TC,VM,BUS) Meeting ID: 853 364 9250 Passcode: NeverAlone

**7:00PM R.A.W.**, Second Floor Serenity, 6020 Midlothian Turnpike, Richmond, VA, 23225 (O,BT,DISC,IW,VAR,F2F,LIT,BUS)

**7:00PM Spiritual Sisters**, Bon Air United Methodist Church, Fellowship hall. Use Door No. 2 on north side of building., 1645 Buford Rd, Richmond, VA, 23235 (O,DISC,W,SPAD) *Womens meeting*

**7:00PM Vision without Limits**, Shady Grove United Methodist Church, 4825 Pouncey Tract Road, Glen Allen, VA, 23059 (O,VAR,F2F)

**7:00PM Who Is An Addict?**, Hatcher Memorial Baptist Church, 2300 Dumbarton Road, Richmond, VA, 23228 (O,WC &,LIT)

**7:30PM Simplicity**, Redeemer Lutheran Church, Use second-floor entrance., 9400 Redbridge Road, North Chesterfield, VA, 23236 (O,STEP,TRAD,WC &,F2F,PPE)

**8:00PM Any Lengths**, Richmond, VA, 23220 (O,VM,LIT) +16468769923,89696304605#,,,,\*3935595665# Zoom ID: 896 9630 4605 Password: AnyLengths

**8:00PM Survivors Group**, St. Mark's Episcopal Church, In Basement, 520 N. Arthur Ashe Blvd., Richmond, VA, 23220 (O,DISC,F2F) *New time and location*

**THURSDAY**

**9:00AM Keeping It Simple In The AM**, Meeting ID: 826-6495-6954 PW: kis9am, Richmond, VA (O,BEG,DISC,VM,BUS) +13017158592,82664956954# US (Washington DC) Meeting ID: 826-6495-6954 PW: kis9am

**9:00AM Simple Basics of Recovery**, St. James's Episcopal Parish House, Basement, 1205 West Franklin Street, Richmond, VA, 23220 (O,BEG,DISC,BUS)

**NOON Easy Pace/Stepping Out**, St. James's Episcopal Parish House, Basement, 1205 West Franklin Street, Richmond, VA, 23220 (O,BEG,BT,DISC,VAR,BUS)

**NOON Mid-Day Hope**, 22 East Washington St, Petersburg, VA, 23803 (O,VAR,PPE)

**6:00PM On Our Way**, Hatcher Memorial Baptist Church, 2300 Dumbarton Road, Richmond, VA, 23228 (O,DISC,WC &,LIT)

**6:30PM Positive Thinking**, Ginter Park Presbyterian Church, 3601 Seminary Avenue, Richmond, Va, 23227 (O,DISC,WC &)

**6:30PM Serene Recovery**, Corinth United Methodist Church, Room 102. Enter through rear door., 23 West Williamsburg Road, Sandston, VA, 23150 (O,F2F,BUS)

**6:30PM Serenity of Farmville**, Farmville Presbyterian Church, 200 West Third Street, Farmville, VA, 23901 (O,DISC,F2F)

**6:30PM Shot of Hope**, Lux Church, 22 East Leigh Street, Richmond, Va, 23219 (O,IW,STEP,TRAD,CPT,BUS)

**7:00PM Crossroads**, Bon Secours Short Pump Medical Plaza, First-floor community room, 12320 West Broad Street, Henrico, VA, 23233 (O,STEP,TRAD,WC &,F2F,BUS)

**7:00PM Miracles Happen**, Biltmore Baptist Church, 1300 New York Avenue, Glen Allen, VA, 23060 (O,DISC,NS,F2F)

**7:00PM Start Living**, Wright's Chapel United Methodist Church, Park in back. Enter through red double doors., 8063 Ladysmith Road, Ruther Glen, VA, 22546 (O,DISC,F2F)

**7:00PM We Do Recover**, Washington Street United Methodist Church, 22 East Washington Street, Petersburg, VA, 23803 (O,WC &,LIT,PPE)

**7:30PM High Hopes**, Cool Spring Baptist Church, 9283 Atlee Station Road, Mechanicsville, VA, 23116 (O,DISC,F2F,PPE)

**THURSDAY (CONT)**

**7:30PM Hope Fiends**, Redeemer Lutheran Church, Use second-floor entrance., 9400 Redbridge Road, North Chesterfield, VA, 23236 (O,CAN,DISC,NS,F2F,PPE)

**7:30PM Let the Healing Begin**, Westminster Presbyterian Church, 4103 Monument Avenue, Richmond, VA, 23230 (O,DISC,WC &,F2F)

**7:30PM Together We Can**, Chester Presbyterian Church, 3424 West Hundred Road, Chester, VA, 23831 (O,DISC,F2F,PPE)

**8:00PM Any Lengths**, Richmond, VA, 23220 (O,VM,LIT)  
+16468769923,89696304605#,,,,\*3935595665# Zoom ID: 896 9630 4605 Password: AnyLengths

**8:00PM Fan Club/Winners Circle**, St. James's Episcopal Parish House, Basement, 1205 West Franklin Street, Richmond, VA, 23220 (O,DISC,VAR,F2F,BUS)

**8:00PM White Flag**, Walmsley United Methodist Church, 2950 Walmsley Boulevard, Richmond, VA, 23234 (O,DISC,WC &)

**FRIDAY**

**9:00AM Keeping It Simple In The AM - Speaker Meeting**, Meeting ID: 826-6495-6954 PW: kis9am, Richmond, VA (O,BEG,DISC,SPK,VM,BUS)  
+13017158592,82664956954# US (Washington DC) Meeting ID: 826-6495-6954 PW: kis9am

**9:00AM Simple Basics of Recovery**, St. James's Episcopal Parish House, Basement, 1205 West Franklin Street, Richmond, VA, 23220 (O,BEG,DISC,BUS)

**NOON Growing In Recovery**, Next to Vetlink, Corner of Belt Blvd. and Hull Street, Building 435 - Circle Plaza, Richmond, VA, 23224 (O,CH,JFT,WC &,BUS)

**5:30PM Walking the Walk**, Parham Road Baptist Church, 2101 North Parham Road, Henrico, VA, 23229 (O,LIT)

**6:00PM Back Door Group**, Skipwith United Methodist Church, Go to the back door., 2211 Skipwith Road, Richmond, VA, 23294 (O,VAR,WC &,F2F)

**6:00PM Clean and Serene**, Central United Methodist Church, 1213 Porter Street, Richmond, VA, 23224 (C,O,VAR,F2F,BUS,PPE)

**6:00PM East End Men's Rap - Mens Meeting**, Health Brigade Building, enter building in the rear, meeting downstairs, 1010 North Thompson Street, Richmond, VA, 23230 (O,DISC,M,WC &)

**6:00PM In the Solution**, First Presbyterian Church (Basement), 1107 W. Broadway Hopewell, Virginia 23860, Hopewell, VA, 23860 (O,DISC,WC &,F2F) MEETING IN PERSON

**7:00PM Building Bridges**, Mechanicsville United Methodist Church, 7356 Atlee Road, Mechanicsville, VA, 23111 (O,WC &,F2F,LIT)

**7:00PM Clean and Serene**, Wesley United Methodist Church, 3701 Conduit Road, Colonial Heights, Virginia, 23834 (O,F2F,PPE,HY) Zoom ID: 8181483 6118, Passcode 221035

**7:00PM Friday Night Alive**, Northstar Community, 563 Southlake Boulevard, North Chesterfield, VA, 23236 (O,CW,JFT,VAR,SPK,WC &,F2F)

**7:00PM No Matter What**, Hatcher Memorial Baptist Church, First floor, 2300 Dumbarton Road, Richmond, VA, 23228 (O,VAR,WC &,F2F)

**7:00PM We Do Recover in King William**, Broadus Church - Hebron Campus, 3407 King William Road, Aylett, VA, 23009 (O)

**7:30PM Good Orderly Direction**, St. Thomas' Episcopal Church (Enter through Parish Hall, on Walton Ave side), 3602 Hawthorne Avenue, Richmond, VA, 23222 (O,VAR)

**8:00PM Any Lengths**, Richmond, Va, 23220 (VAR,SPK,AB,VM,LIT)  
+16468769923,89696304605#,,,,\*3935595665# Zoom ID: 896 9630 4605 Password: AnyLengths

**8:00PM Courthouse Freedom**, Central Baptist Church, Annex building., 1500 Courthouse Road, North Chesterfield, VA, 23236 (O,DISC,F2F)

**8:00PM I Can't, We Can**, Westminster Presbyterian Church, 4103 Monument Avenue, Richmond, VA, 23230 (O,DISC,F2F,BUS)

**9:00PM Rainbow's End**, Unity Church, 800 Blanton Ave, NW, Richmond, VA, 23220 (O,GL,VAR,BUS)

**SATURDAY**

**9:30AM New Birth**, Near VCU, 1103 West Marshall Street, Richmond, VA, 23284 (O,DISC,BUS)

**10:00AM New Connection**, Robious Landing Park, Picnic shelter, 3800 James River Road, Midlothian, VA, 23113 (O,DISC,SMOK,F2F)

**10:00AM Wakeup Call To Recovery**, 22 East Washington St., Petersburg, VA, 23803 (O,VAR,F2F,BUS,PPE)

**SATURDAY (CONT)**

**NOON Growing In Recovery**, Next to Vetlink, Bldg 435 - Circle Plaza, Corner of Belt Blvd and Hull St., Richmond, Virginia, 23224 (O,CH,SPK,WC &,BUS)

**NOON R.A.W.**, Second Floor Serenity, 6020 Midlothian Turnpike, Richmond, VA, 23225 (O,BT,DISC,IW,VAR,F2F,LIT,BUS)

**2:00PM Clean Connection**, Downtown Richmond near VCU, Basement of the church, 1205 West Franklin Street, Richmond, VA, 23220 (O,VAR,F2F,BUS)

**5:00PM Staying Clean**, St. James Episcopal Parish, Basement for in-person, 1205 West Franklin Street, Richmond, VA, 23220 (O,DISC,BUS)

**5:00PM Staying Clean Together**, Richmond, VA, 23220 (O,DISC,VM,BUS) Meeting ID: 766-8244-6797 Password: 772646

**6:30PM A Spiritual Connection**, Bon Air United Methodist Church, Fellowship hall. Use Door No. 2 on north side of building., 1645 Buford Road, Richmond, VA, 23235 (O,DISC,WC &,F2F)

**7:00PM Another Look**, St. James's Episcopal Parish House, Basement, 1205 West Franklin Street, Richmond, VA, 23220 (O,DISC,F2F,LIT,BUS)

**7:00PM Hug Dealers**, RVA Light, 504 West Broad Street, Richmond, VA, 23220 (O,WC &,F2F,BUS)

**7:30PM Why Are We Here?**, 22 E Washington Street, Petersburg, VA, 23803 (O,VAR,F2F,PPE)

**8:00PM Clean Air**, Richmond, VA, 23228 (O,DISC,IW,WC &,VM) Meeting ID: 86831661252 Passcode: 025589

**Service Meetings**

**NDANA H&I — 2nd Sunday - 2:00PM** - Hatcher Memorial Baptist Church - 2300 Dumbarton Road Richmond 23228

**NDANA PR — 2nd Sunday - 2:30PM** - Hatcher Memorial Baptist Church - 2300 Dumbarton Rd. Richmond 23238

**New Dominion Area Service — 2nd Sunday; 3rd Sunday in May - 3:30PM** - Hatcher Memorial Baptist Church - 2300 Dumbarton Road Richmond 23228

**Richmond Area H&I Committee - 2nd Sunday - 1:00PM** - Zoom ID: 85675754613 Password: 2H&I Richmond

**Richmond Area H&I Committee - 4th Sunday - 1:30PM** - Central United Methodist Church - 1213 Porter Street Richmond 23224

**Richmond Area Literature - 2nd Sunday - 3:00PM** - Central United Methodist Church - 1211 Porter Street Richmond 23224

**Richmond Area Outreach Sub-committee, 2nd & 4th Monday - 6:00PM** - Zoom Mtg ID:891-6472-0020 PW:Outreach Phone:1-929-205-6099 PW:491323 Richmond 23220

**Richmond Area Policy Committee - 2nd & 4th Thursday - 6:00PM** - Central United Methodist Church - 1211 Porter Street Richmond 23224

**Richmond Area Print Shop - 2nd Sunday - 3:00PM** - Central United Methodist Church - 1211 Porter Street Richmond 23225

**Richmond Area Public Relations Committee - 1st Monday - 6:00PM** - Meeting ID: 849 0794 3584 Password: PR Richmond 23220

**Richmond Area Service - 2nd Sundays - 3rd Sundays in Jan and May - 3:00PM** - Central United Methodist Church - 1211 Porter Street Richmond 23224

**Richmond Area Special Events Subcommittee, 1st & 3rd Sunday - 2:00PM** - Central United Methodist Church - 1213 Porter Street Richmond 23224

**Tri Cities Area Service Meeting — 1st Sunday - 2:00PM** - 125 Westover Ave. PO Box 141 Colonial Heights 23834

**Unified Public Relations — 3rd Monday - 6:00PM** Richmond 23220 (Meeting ID: 849 0794 3584 Password: PR)



**MEETING LIST  
MAY 2023  
CALL 24/7:  
(800) 777-1515**

Metropolitan Richmond meetings served by the Metro Richmond Narcotics Anonymous Public Relations Committee including: Atlee, Bon Air, Chester, Chesterfield, Glen Allen, Henrico, Hopewell, Mechanicsville, Midlothian, North Chesterfield, Petersburg, Powhatan, Sandston and Richmond

Narcotics Anonymous World Services: [www.na.org](http://www.na.org)  
Central Atlantic Region: [www.car-na.org](http://www.car-na.org), P.O. Box 1959, Chesterfield, VA 23832  
Annual Virginias Convention of Narcotics Anonymous: [www.avcna.org](http://www.avcna.org)  
New Dominion Area: [www.rvana.org](http://www.rvana.org), P.O. Box 25336, Richmond, VA 23260  
Richmond Area: [www.rvana.org](http://www.rvana.org), P.O. Box 26249, Richmond, VA 23260  
Tri-Cities Area: [www.rvana.org](http://www.rvana.org), P.O. Box 141, Colonial Heights, VA 23834

**FORMAT LEGEND**

AB	Ask-It-Basket	Ag	Agnostic
BEG	Beginners	BT	Basic Text
BUS	Public Transportation	C	Closed
CAN	Candlelight	CC	ChildCare
CH	Closed Holidays	CPT	12 Concepts
CW	Children Welcome	DISC	Discussion
F2F	Face 2 Face	GL	LGBT
HY	Hybrid Physical/Virtual	IW	It Works Study
JFT	Just for Today Study	LIT	Literature Study
M	Men	NP	No Pets
NS	No Smoking	O	Open
PPE	Masks Required	RA	Restricted Attendance
SAO	Service Animal Only	SKY	Skype Meeting
SMOK	Smoking	SPAD	Spiritual Principle A Day Book Study
SPK	Speaker	STEP	Step
TC	Temporary Closed	TEMP	Temperature Check
TOP	Topic	TRAD	Tradition
Ti	Timer	VAR	Format Varies
VM	Virtual Web Meeting	W	Women
WC &	Wheelchair		